

**RHANNA CLINIC ALCOHOL, DRUG & GAMBLING SERVICES  
SOUTHLAND HOSPITAL - INVERCARGILL**

"Rhanna" is the Scottish name of a mythical island, which is said to possess powers, and where all one's problems disappear.

Rhanna Clinic, based in Southland Hospital, provides a comprehensive service to urban and rural areas. The service is provided by a mix of staff that have shared skills, are multi-disciplinary and culturally sensitive.

The service aims to decrease the use of alcohol and drugs within the Southern Region and to assist by education and counselling, individuals and families affected by alcohol and drug misuse.

The service provides:

- A safe and supportive environment
- Information and education on the use and abuse of alcohol and drugs.
- One to one counselling
- Rehabilitation treatment programmes
- Individual and group therapy
- Detoxification - medical and social
- Referral to other agencies where appropriate
- Follow-up and ongoing counselling
- Liaison with allied professionals
- Methadone Programme

This Alcohol and Drug service was established in late 1979 and has evolved to Rhanna Clinic, which is situated at the back of the Southland Hospital in a bush setting.

If you wish to make an appointment, or require further information, please contact:

**RHANNA CLINIC  
ALCOHOL AND DRUG SERVICES  
SOUTHLAND HOSPITAL  
INVERCARGILL**

Telephone: (03) 214 5723  
Fax: (03) 214 5722

**For Mental Health Emergencies  
Phone Southland Mental Health  
Emergency Team**

0800 467 846

AVAILABLE 24 HOURS, 7 DAYS A WEEK

**SADD AMBASSADORS**

Seven secondary school students have been made ambassadors with the mission of promoting the dangers of driving drunk.

Minister of Youth Affairs, Hon Laila Harre, presented the students with the inaugural awards at Parliament at the end of April designating them Students Against Driving Drunk, or SADD Ambassadors, for a year.

SADD is a non-profit national organisation governed by the Automobile Association's Driver Education Foundation (AADEF) and the Ambassadors were selected for their commitment to SADD and the work they have already done in their schools and communities. The Ambassadors for 2002 are Jamie Kearney, Logan Park High School, Sylvia Ross, Hagley Community College, Cheri Crossman, Havelock North High School, Alice Duncan, Morrinsville College, Tim Brightwell, Hamilton Boys High School, Tristan Coulson, Westlake Boys High School and Brianna Adams, Howick College.

SADD strongly believes that young people are the best group to influence their peers and uses this positive peer influence to get across a message of sober driving and looking after your mates.

Each year SADD reaches out to over 20,000 secondary students in a variety of ways. SADD students organise promotions for their own schools and SADD co-ordinators run training sessions, workshops and conferences to give interested students the skills and resources they need to effectively spread the word. The SADD Ambassadors will add further to SADD's presence in the community and will bring their own ideas and energy to support other student members of SADD.

**Chloe Johnston SADD National Co-ordinator**



**NATIONAL CENTRE FOR TREATMENT DEVELOPMENT (NCTD)  
(ALCOHOL, DRUGS & ADDICTION)**

**Commencement of Clinical Process  
Self Evaluation Project:**

**Facilitating the Development of an Alcohol and Drug  
Service Client-Pathway Manual**

Following the completion of the South Island Youth Service Project utilising the Guidelines for Clinical Process Self-Evaluation, and expressions of interest in 2001, Helen Mitchell Shand will work with a group of Alcohol and Drug Service representatives to develop a Client Pathway Manual for Alcohol and Drug Services.

This project will involve:

- 1 Developing with identified Alcohol and Drug Services standard procedures and clinical documentation for use with all clients attending the range of Alcohol and Drug Services
- 2 Piloting the Client Pathway Manual and
- 3 Reporting the findings and recommendations. The Alcohol and Drug Client Pathway Manual will then be available for all Alcohol and Drug Services as a guide/tool for further service. Development/improvement.

**Proposed Development Plan**

The Client Pathway Manual will be developed using the Guidelines for Clinical Process-Self Evaluation client pathway standards in relation to the clinical process components of engagement, (assessment through to discharge) and incorporate staff competencies and methods for gaining tangata whaiora/client feedback. The Manual will be aligned to the Alcohol and Drug Practitioner competencies. The manual will meet national standards for A & D Services including accreditation standards, the National Mental Health Standards and Health and Disability Sector Safety Standards

**Registration for project involvement**

The project will require a small number of services to participate in the development of each step in the client pathway by contributing their expertise/knowledge and seeking feedback from others in their service/team. Some services have already identified their interest in

participating in this project. We are now at the stage where we would like to formally confirm those interested in participating and proceed with the project.

So interested service representatives please contact

**Helen Mitchell-Shand**  
c/- Capital Coast Mental Health Service  
extension 5776 or mobile 0274 506 410 or

**Daryle Deering at NCTD**  
daryle.deering@chmeds.ac.nz or  
telephone (03) 364 0480

**Update on NCTD Course Programme:  
Alcohol, Drugs and Addiction**

The primary focus remains on providing programmes of post-graduate study for a multi-disciplinary student group, but there is also an increasing focus on programmes suitable for general practitioners. Courses of study include Post-graduate Certificate, Diploma in Health Sciences and Master of Health Sciences. We also have the capacity to supervise a limited number of Phd students interested in research in the alcohol, drugs and addiction field. In response to requests, short-courses have been provided in Wellington and will also be provided in Hamilton, and later in the year Invercargill.

A change planned for post-graduate courses next year in line with student and service needs is that each of the four papers (404-focusing on assessment: 416 focusing on theoretical addiction knowledge and clinical application; 422 on clinical case management and interventions and; 424 on pharmacotherapy) will be one semester papers. Allocation of points remains the same. All of these courses are taught within the context of real life practice and therefore inevitably address co-existing mental health and other health and social issues. In considering programmes of study and options to best suit individual or service needs, please contact

**Dr Fraser Todd**  
at fraser.todd@chmeds.ac.nz  
or telephone 03 364 0480

**Daryle Deering - NCTD**

The ADA CONNECTION is the official newsletter of the Alcohol Drug Association New Zealand.

Contributions including letters are welcomed. Submission does not guarantee publication. Contributors enjoy all reasonable liberty in the expression of their views. Views so expressed do not necessarily represent those of the ADA.

Articles from Connections can be reprinted as long as acknowledgment of the source is given.

All correspondence, inquiries, address changes and ADA membership subscriptions should be made to:

Paul Traynor, ADA  
PO Box 13-496, Christchurch.  
Phone: 03-379 8626. Fax: 03-377 5600.  
Email: paul@adanz.org.nz  
Office: Morley House, 1st Floor,  
25 Latimer Square, Christchurch.

**www.adanz.org.nz**



**EDITORIAL:**

**Treatment Works Week June 23 to June 28, 2002**

It is that time of year again "Treatment Works Week 2002". This week is to raise the profile of the 'alcohol and other drugs sector' and the good work going on in service with our communities around New Zealand...

It is an annual opportunity to inform communities of what is available and what treatment services provide. A look at www.adanz.org.nz (click on the Treatment Works button) will provide information for this week. If your local service is not listed then give them a call and request information and update on what they do and provide.

Visits around the South Island recently informed me that there is a commitment to this week and activities are kept at a low cost level due to funding constraints and the desire to be responsible.

Significantly, alcohol and other drugs are on the health agenda and sadly

they are a growing problem. Over the past two years both Police and Customs have raised concerns over the increase in labs, increased use and discovery of drugs. Health in all sectors needs to publicly acknowledge the significant impact this area has on our population. The listing of alcohol and other drugs as one of the thirteen health priorities was to heighten this awareness and acknowledge its impact. If we think that New Zealand will escape the realities that come with increased drug use then we are misguided and foolish.

I am sure as the years unfold we will see this problem continue to escalate and I for one will be sad to see a sense of urgency arise when we could of done some careful and deliberate planning. May we wake up well before we plant lillies!

**Paul Traynor  
ADA Executive Director**

**ALCOHOL HELPLINE 0800 787 797 10AM TO 10PM DAILY**

This service continues to grow and develop and we are sure that 2002/2003 financial year will bring new challenges. Our valid call rate has increased slightly this year and this has been despite the Had Enough campaign coming to an end for this financial part of the year. We are anticipating ALAC's ongoing commitment to this important initiative.

**Calls to date (January 1 to June 10)  
4515 in 2002 and 4458 in 2001.  
Calls were referred via:**

Requesting agency/service information	30.5%
Seeking support	25.9%
Concerned about someone else's drinking/drug use	23.5%
Wanting to stop drinking/drug use	15.1%
General information/resource request	14.9%
Questions about the effects of alcohol and drugs on health & behaviour	10.3%

The Helpline continues to offer a practical way of assisting callers with issues or concerns around alcohol and drug use. It continues via its helpliner's and brief counsellors to provide early intervention strategies that assist callers to work through their issues or concerns. If you area parent, teacher, nurse, practitioner, health, youth community or social worker, or WINZ workers then this service will benefit you and your clients. It is a confidential free services so don't hesitate to call **0800 787 797**.

## UPDATE

### PRIMARY HEALTH CONFERENCE WELLINGTON - MAY 30 – 31, 2002

Some time ago the Primary Health Conference flyer arrived at ADA. It took a while to decide whether to attend this conference and one look at my diary with impending commitments and the prospect of having more time away from my family made me pause a little longer.

Upon a closer look at the workshops listed I was led me to a most amazing surprise - there was not one workshop on alcohol and other drugs! Coupled with this was the fact that I did not know enough about the impending changes in the Primary Health sector and since reading the Primary Health Strategy some months ago felt an obligation to find out and understand more.

What emerged for me is that Mental Health has been to a degree sidelined and alcohol and drugs just fell off the map. After 25 plus years of working with young people and adults plus over ten tears in school chaplaincy I am appalled that this area of health (alcohol and other drugs) gets such dismal attention. Our mental health people at least got organised or were invited but alas the alcohol and drug sector was a poor absentee and I know from ADA's perspective that no invitation was issued.

As a provider of the National Alcohol Helpline we were not considered to present along with other Helplines who interface with the primary health sector e.g. Plunket, Mental Health Line, Health Line but no Quit line so maybe there is another story here, I am not sure.

I guess all I am trying to say is how disappointed I felt that the alcohol and other drugs were not considered important enough to address at this conference. Despite being one of the major contributing factors for people presenting at primary health services. Also disappointing is that the business of building the PHO's (Primary Health Organisations) is more on the minds of DHB's rather than the need to cite what quality information and resources currently exist and what services are available as well as organisations providing inter-sectorial co-ordination. The silo mentality in health continues each has their own bias and protection concerns. The issues of mental health and alcohol and other drugs effect "health" of people and should not be siloed off.

I enjoyed the conference and heard some challenging stuff along with the fears of roles in conflict "doctors and nurses, funders and

planners and the workers on the ground, policy and the fact of practice." I heard the fear of change but also the ivory tower thinking. I guess humanity in action as it prepares to move in new and uncharted territory.

It is easy to sit on the fence and criticise but I do not mean to do that rather initiate some energy into our sector in terms of the need to consider the whole area of primary health and the impact that alcohol and other drugs has on it. We too are in this with our GP's, practice nurses, admin staff, community workers and other population groups.

We too in the alcohol and other drug sector have a challenge. The challenge of how to assist in upskilling and providing workforce development to the primary sector – how we assist with information and resources – how we work with our communities and how we involve others in health promotion strategies to assist our various communities. Different actions for different peoples in other words.

The Ministry on the other hand is also to be congratulated for this direction and commitment to Primary Health and it needs to be inclusive of all areas of health as we move forward together. To move to "wellness" is an action required on a variety of our sectors and we need to work in collaboration and utilise a variety of treatment models. No one size fits all! The impact of alcohol and other drugs and mental health are worthy of their place alongside other areas of health. We are as suggested by the Mental Health Foundation Team at the Primary Health Conference talking about "health".

I guess the challenge that is left for our alcohol and other drug sector is that the time is right to build a "peak or representative body" on drugs to represent this sector and to provide a national voice where we work to hold our place in the sun. This place is not for acknowledgment purposes more so to raise the importance that all our communities start acknowledging the serious impact that alcohol and other drugs has on health. We do not need to work in isolation rather in partnership so we model the way in which we wish to work with our communities, other sectors, DHB's and Ministry.

Paul Traynor ADA

## UPDATE

# Treatment Works Week June 23 – June 28 2002

### Events & Happenings for Treatment Works 2002

"Treatment Works Week highlights the value of prevention, early intervention and treatment in reducing the associated harm caused by alcohol and other drugs"

Co-ordinated by Alcohol Drug Association New Zealand (ADA)

#### Saturday June 22

**CHRISTCHURCH:** There will be a variety of media releases, features, radio interviews etc over the course of Treatment Works Week. Special focus by the Citizen Newspaper on Consumer feature and story. NCTD will provide three media releases, one on treatment with Maori, one on treatment with regard to controlled drinking and a further one on issues related to Methadone.

National Treatment Forum will also provide media releases for the week. Keep an eye out for these.

**GREYMOUTH:** Salvation Army Hall: Time to be announced.

Recovery Celebration Evening. There will also be window displays in LSTA, Greymouth, Westport for the entire week.

#### Monday June 24

### LAUNCH by Associate Minister of Health Hon Tariana Turia MP

This will take place Beehive Foyer, Parliament Buildings 12 noon to 2pm a light lunch will be served. Attendance by invitation only. For more information contact paul@adanz.org.nz or fax (03) 377-5600.

**AUCKLAND:** Lynn Mall Shopping Centre 12 noon, 12:45pm and 1:30pm  
Odyssey House Auckland Adult Services Kapa Haka Group are performing

**DUNEDIN:** Luncheon Seminar 12 noon to 1.30pm Skeggs Gallery, Town Hall  
The Treatment Scene in Dunedin - who are we, what do we do and how to access us. (all welcome)

**NELSON:** Luncheon Performance 12:30pm at 1903 Site, top of Trafalgar Street by the Cathedral Church steps.

*This one act play has a theme of alcohol and other drug and mental health that has been adapted from the Natural High resource by the Mental Health Foundation. "Castaways Song" includes lyrics by Peter J Grahame, whom has framed alcohol and other drug messages around popular NZ songs such as the national anthem, and Pokarekare Ana. The focus is on the life of "Marina", a young girl at 7, progressing through to 35 thorough the cycle of drug abuse and treatment. This is a free performance to the public and shall be performed at different public venues throughout the week.*

#### Tuesday 25 June

**CHRISTCHURCH:** Luncheon Seminar: 12:30 to 1:30 on Hep C by Bill Jang, Manager, Hep C Services.  
At ADA, Ground Floor meeting room, Morley House, 25 Latimer Square. All Welcome

**DUNEDIN:** Luncheon Seminar: 12 noon to 1.30pm Skeggs Gallery, Town Hall  
The Treatment Scene in Dunedin - Who Are We, What Do We Do And How To Access Us. (all welcome)

**AUCKLAND:** Lynn Mall Shopping Centre: 12 noon, 12:45pm and 1:30pm  
Odyssey House Auckland Adult Services Kapa Haka Group are performing at the Lynn Mall Shopping Centre.

Auckland Bridge Programme: 15 Ewington Ave, Mt Eden: 7:00 to 8:30pm  
Pin ceremony where clients who have gained the milestones of 1, 2, or 5 years clean time will be presented with a bronze, silver or gold lapel pin, followed by a variety concert. Supper provided.  
All Welcome.

**NELSON:** Luncheon Performance 12:30pm at Nelson Hospital cafeteria.

**HAWKES BAY:** Luncheon workshop: 11:30 to 12:15pm Education Centre, Hastings Hospital  
Overview of addiction and treatment options

12:30 to 1:15pm Motivational Interviewing and Detox

## UPDATE

#### Wednesday 26 June

**CHRISTCHURCH:** Luncheon Seminar: 12:30 to 1:30 on Christchurch Community Alcohol and Drug Services by CADs staff.  
At ADA, Ground Floor meeting room, Morley House, 25 Latimer Square. All Welcome.

Have contact with clients with A & D issues. All sessions will be BYOL (bring your own lunch), tea, coffee and non-alcoholic drinks provided. For the duration of the week there will be displays at the Napier and Hastings Libraries and also in the foyers at the Napier Health Centre, Hastings Hospital and Central Hawkes Bay.

**AUCKLAND:** Lynn Mall Shopping Centre: 12 noon, 12:45pm and 1:30pm  
Odyssey House Auckland Adult Services Kapa Haka Group are performing at the Lynn Mall Shopping Centre.

**TARANAKI:** Health Alcohol and Drug Service: Forum for Consumers: 1:00 to 4:00pm.  
Bellringer pavillion Pukekura Park.

**DUNEDIN:** Luncheon Seminar: 12noon to 1.30pm Skegges Gallery, Town Hall

**NELSON:** Luncheon Performance 12:30pm Venue to be confirmed

**HAWKES BAY:** Luncheon workshop: 12:15to 1pm. Napier Health Centre Conference Room  
Inpatient Treatment - Springhill Residential

1:15 to 2pm Methadone, Cannabis & Speed

RADS Dual Diagnosis Team Information Afternoon 1.30pm to 4pm

#### Thursday 27 June

Agrosy House (Integrated Support Services) will hold information stall at St Lukes in Mount Albert

**CHRISTCHURCH:** Luncheon Seminar: 12:30 to 1:30 Methadone Programme by CADs Methadone staff.  
At ADA, Ground Floor meeting room, Morley House, 25 Latimer Square. All Welcome

**NELSON:** Luncheon Performance: 12:30pm Nelson Marlborough Institute of Technology

**HAWKES BAY:** Luncheon workshop 11:30 to 12:15pm Nga Punawai Aroha (Hastings Hospital)  
Nga Punawai Aroha and prison programmes

1:15 to 2pm Children's programmes and Youth

**WESTPORT:** Safer Community Council Agency Open Day

**WHANGANUI:** Trafalgar Square Shopping Mall.  
There will be a static display all week, attended from 12 to 2pm Thursday and Friday by the A & D Social Worker and the Health Promoter.

#### Friday 28 June

A & OD Service visits by Labour Health Caucus will be at Ora Toa and Healthlinks in the morning and Care NZ in the afternoon.

**CHRISTCHURCH:** Sports Afternoon at Latimer Square. 12:00 noon to 2:30pm.  
Services are invited to provide presentations of what they do along with their involvement in this fun sporty afternoon. Public welcome. Sausage sizzle provided. Come and chat to us. Treatment Works.

**NELSON:** Luncheon Performance 12:30pm Venue to be confirmed

**WESTPORT:** Safer Community Council Agency Open Day  
Agrosy House Information Stall again at St Lukes Mount Albert

**WHANGANUI:** Trafalgar Square Shopping Mall.

#### Saturday 29 June

Treatment Works Dance at New Lynn Community Centre for clients and ex-clients of Agrosy House - clients and ex-clients of other Treatment services are also invited.

**For more information on any of these dates and activities please view our website [www.adanz.org.nz](http://www.adanz.org.nz), Treatment Works page.**

## TREATMENT WORKS WEEK 2002

#### Smashed or Stoned Workshop

**Facilitator:** Majorie Hunt  
**Date:** 9/10 July 2002  
**Venue:** Canterbury Centre Westpac Trust  
Building Cashel Street, High Street, Christchurch  
**Cost:** \$80 includes lunch, morning & afternoon teas

For more information:

Contact Deb Long at ALAC  
Phone: (03) 365 8540 or  
email d.long@alac.org.nz

#### INVOLVE 2002 Conference about Youth Development

**Date:** 2-4 July 2002  
**Venue:** Victoria University, Wellington  
**Hosted by:** Ministry of Youth Affairs and NZAAHD

For more information:

PO Box 10-300 Wellington  
Phone: (04) 471 2233  
email: info@involve2002.org.nz

#### What we want 2002 'A Shared Vision for Youth Mental Health'

**When:** 17 – 19 July 2002  
**Where:** Riccarton Racecourse, Christchurch

For more information:

Maria Pasene  
Crown Public Health, PO Box 1475, Christchurch.

**National Treatment Forum Annual Meeting** will be held the day before "Cutting Edge" Alcohol and other Drug Conference at Rutherford Hotel, Nelson on Thursday 28 August - All are welcome!!

The National Treatment Forum has been looking at a "peak body" concept, which is currently working in Australia. This concept is a way in representing the alcohol and other drug sector at national level with a strong advocacy voice. While discussion are in embryonic stage it is time that we work collectively to bring it to birth. If you have ideas or support this movement please contact the NTF members. The National Treatment Forum meeting is open to all in the AOD sector and we welcome your opinion and input on this issue and development.

The current NTF is John Challis Odyssey Auckland (co-chair)  
Tekurangi Meterangi Dunedin (co-chair), Francis Agnew and Jenny Wolfe (RADs Auckland), Vicki Crarer MH Services Hamilton, Tim Harding Wellington, Paul Traynor ADA Christchurch

#### Annual Alcohol and Other Drugs Conference "Cutting Edge"

**When:** 29, 30 and 31 August 2002  
**Where:** Rutherford Hotel Conference Centre, Nelson

For more information:

Contact Lisa Andrews at NCTD  
Phone: (03) 364 0480