

# LOAD

## TIMARU

### Meeting Record Wednesday 8<sup>th</sup> August 2007

**Apologies:** Steve Boyd, Christine Taylor

**Karakia:** Bruce Wikitoa.

**Welcome:** Cate Kearney, ADANZ

#### **Attendance**

Avis Page, YMCA; Jacqui Robinson, Community Public Health; Vivienne Cutler, Caroline House; Diane Welsh, Caroline House; Gurbux Rasmussen, Timaru Mental Health, Support Trust/Victoria House; Cherie Cummings; Lee Cordell-Smith, Timaru Psychiatric Service; Mandy Shelker, SF Aoraki; Marc Beecroft, Consumer Advisor, ADANZ; Vicki Wooffindin, SF Aoraki; Hamish Milne, Community and Public Health; Jan Thomas, Needle Exchange; Lionel Wilson, Board member, Needle Exchange; Bruce Wikitoa, Cultural Advisor for South Canterbury Mental Health Service. Concerned about gangs (Mongrel Mob) in the district; Lisa Manson, Youth Worker, Community Support Trust; Maryann Wilson, Timaru AOD Service; Wairangi Warren, Timaru AOD Service, Patrice Clark, Third year nursing student; Amy Perkins, Timaru AOD Team Leader; Darrell Evans, Timaru AOD Team Leader

#### **Service News**

Community & Public Health Role around Health Promotion in the community liquor licence.

*Caroline House:* Outreach Service developing well. Will present an update today.

*Victoria House:* Good to know trends in the community and ways to best support clients.

*SF Aoraki:* first time here, have been meaning to come to these meetings for some time.

*Needle Exchange :* Moving into Oamaru outreach. Moving buildings. Drop in under 24s. Unsure whether due to BZP law.

*A & D Service:* Busy with referrals. Working closely with Caroline House re Outreach. Established quite a few on methadone meeting – almost at the target for district.

#### **Discussion**

Foetal Alcohol Spectrum

Community and Public Health have raised as an issue. Wondering if others in the community would be interested in community project for world FAS day. Discussion about approach and interested services.

BZP

#### **PRESENTATIONS**

**H & DSS – Lee Cordell-Smith**

**Draft Standards H & DS**

**Health and Disability Sector Standards and Mental Health Standards**

Why reviewed?

2005 MoH commissioned review of the current standards.

Parameters for Review

- Nothing new
- Remove duplication – not to change for change sake
- Write with a consumer as focus

#### **New Standards**

- Consumer rights
- Organisation management
- Continuum of service delivery

#### **Mental Health Standards**

- Nothing about recovery
- Only 5 standards not in H & DSS
- Taking MH standards through to H & DSS enhance other services
- Keeping separate increases stigma and discrimination of MH and AOD consumers.
- Important to acknowledge

#### **Restraint Standard**

(Lee not so happy with it).

All services part 1.

De escalation.

Policy around what to do: As simple as we do not use restraint in this service. If required the police will be called. Part 2 and 3 for orgs that do restrain.

## **Infection Control**

Similar to above.

How are they written?

- Overall outcome
- Individual

Making a submission. September reviewed.

## **Discussion**

- Consumer Participation
- Compliance costs, should be reduced.

## **Recovery**

Presentation on recovery and AOD sector interpretation.

## **Timaru AOD Service and Caroline House**

### **Strengths working with Long term clients**

Case study. Given methadone long term client; introduced to strengths model, 2 – 3 years. Small goals initially set by case worker. Outreach services provided new perspective. Over two years moved to confidence, doing voluntary work increased circle of friends, writes up his own goals and plan, re-engaged with 2 of his children.

**Karakia:** Kuamatua Bruce Wikitoa.

*Meeting closed at 12.15 p.m. Attendees: 21*

Further information and agendas available on [www.adanz.org.nz](http://www.adanz.org.nz). Suggestions for agenda to Char Macpherson [char.macpherson@adanz.org.nz](mailto:char.macpherson@adanz.org.nz)

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at [cate.kearney@adanz.org.nz](mailto:cate.kearney@adanz.org.nz).