

LOAD

TIMARU Minutes Wednesday 9th May 2007

<u>Apologies:</u>	Gurbux Ramusson, Mary Ann Wilson
<u>Karakia:</u>	Bruce Wikitōa.
<u>Welcome:</u>	Cate Kearney, ADANZ
<u>Intros</u>	
Marc Beecroft	Consumer Advisor, ADANZ. Introduced himself. New to the role. Interested in methadone. Wishes to get greater consumer participation re methadone. Understands credibility is very important. Hopes to be back in SC in the next 4 - 6 weeks to meet with providers.
<u>Updates</u>	
Jan Thomas	Timaru Needle Exchange. Concerns about A & D policy re strike out. Ceased making referrals to A & D. Seeing consumers who have not been seen for years. Attended the national NEP conference in Dunedin. Response from the floor – Important that there is communication between A & D and Needle Exchange Programme: there is a bigger picture to be considered. New TED staff attended de-escalation training.
Sharon Richards	Community Probation. Planning for greater home detention in the district.
Vivienne Cutler	Caroline House.
Julie Russell	Caroline House.
Diane Welsh	Manager, Caroline House. Successful meeting with funders. Contract to continue, as now including outreach pre and post treatment support.
Avis Page	YMCA. South Canterbury. Almost full team. Major concern – youth.
Kim Purcell	Youth Worker Timaru District Council. Work with youth at all aspects of their life. Very challenging especially with Mental Health and AOD. Gaps with how to moderate mental health. Where to refer , nowhere in the district.
Kristy Henderson	Youth TDC. In position since March. New to the role but not new to community work. Youth week soon with underage rage. Concerns with gangs, different from the past. New gangs shifting into the district.
Jo Watson	Timaru Mental Health at Victoria House. Here to observe. Has heard also about gangs from youth.
Terry Cummings	Timaru Mental Health Support Services. Recently staff took 12 to camp in Governors Bay. All thoroughly enjoyed opportunities. This can be the only holiday clients have in the year.
Angeline Smith	New key worker in A & D Service.
Janice O’Driscoll	Youth Health Nurse, Public Health.
Ian Jeffrey	A & D nurse, A & D Service. Standing in for Mary Anne Wilson who sends apologies. Very busy team: Challenges doing social Detox for benzos to get to level for Kennedy. HWT has been a great asset in taking people. Things changing weekly. Q: Where is strengths model in methadone programme? A: Issues around methadone being controlled substance and associated risks.
Bruce Wikitōa	Cultural Advisor for South Canterbury Mental Health Service. Concerned about gangs (Mongrel Mob) in the district.
Wairangi Warren	Timaru A & D youth worker for those 12 – 24. Case load of 25. Noticing misuse more than abuse. Most around cannabis. Older ones may have alcohol also. Re gangs concerned. Has been here 30 – 40 years since history of gangs trying to start up – doesn’t last; usually chased out.
Ingrid Naylor	3 rd year student nurse at Otago Polytechnic. Timaru AOD placement.
Ali Bigwood	3 rd year student nurse at A & D on of 5 th week of placement.
Hamish Milne	Public Health. Will do update. Working on WAVE project. Now full time in position: another person appointed to liquor licensing.
Tracey Potiki	Te Whare Tuku Tuku. Was down here a couple of weeks ago at hui at Arawhenua Marae. Works at He Oranga Pounamu. Initiative Te Whare Tuku Tuku leadership for Māori around AOD. Group come together and debate issues. Look at the potential initiatives that ALAC might support. Run training collaboratives. Can deliver a smashed and stoned workshop – resource explained. Arawhenua Marae – Friday 1 pm: Hui re new AOD treatment intervention. New wanangas to be run through Arawhenua Social Services. Wanaga 3 day programme run by registered practitioners. Invitation for people to attend hui. ALAC resources presented and discussed.
Char Macpherson	Policy Worker, ADANZ. Puts together Connection newsletter. Focusing on interface between AOD & MH: Matt Kirby to talk about how this works in Timaru . Gambling hui – sector progressing.

PRESENTATIONS

COMMUNITY AND PUBLIC HEALTH – Hamish Milne

Wave – Well Child.

Partnership agreement MoH, Ministry of Education and Sports SC.

Youth Service Directory project. Looking for feedback for Youth to access services.

BZP also BZP availability

Responsibility & retailers guidelines. Only 3 retailers in Timaru.

Alcohol – Youth Access to alcohol. Due to incident last year SC Trust granted money to look at the issue of youth and alcohol. Looking at policies for sports clubs and ways for youth to own process. Early stages of the work. Focused on under 16's and rugby sport.

Group Exercise

Feedback issues external to treatment environment that help / act as a barrier to people making changes.

MENTAL HEALTH DUAL DIAGNOSIS SERVICES IN SOUTH CANTERBURY - Jenny Fraser

Nurse on TAC Team for 8 years. Seen service evolved re mental health and alcohol drugs. Tried to employ a dedicated co-morbidity worker – not completed. Entry to service: access serious mental illness or mental health and depression where one thing interacts with the other. After assessment primary issue identified which then becomes issue that is followed up on. If AOD referred to A & D service where if MH issues emerge, they will be treated within the A & D Service.

Questions and Answers

Q: Self harm?

A: Assessed and plan in place.

Q: First contact by phone?

A: There is a range of ways for a person to be referred in specific Dual Diagnosis Services. Explanation of complexity around MH and AOD interactions and relapse.

Q: Privacy and exchange of information?

A: Privacy Act allows sharing between health professionals.

Q: Modalities as strengths?

A: Use a range of approaches. Doesn't usually apply strengths until into treatment. Often use motivational approaches to engage people in treatment.

Q: Prevalence?

A: Doesn't have hard data for Timaru High. Suggestion from floor that around 85%.

Q: Gambling comorbidity?

A: Less common.

Comment: valuable that MH Māori Mental Health and AOD and impatient all co-housed.

A: Yes, works well.

ADANZ - Cate Kearney re: He Waka Tapu

KM programme in Canterbury.

Funding from closure of Hanmer.

Iwi recommended He Waka Tapu KM AOD service.

2-3 intakes over last year.

Want engagement with SI providers re how the service is working now.

Maori Mental Health Team

1 Wahine just finished the last programme.

Had been nervous.

Process worked well ie the transition was very successful e.g. welcome / powhiri led her to feel meetings and whānau week works well. Embracing her culture was significant for her and helped her engage. Once graduated she was transformed. The process was about whānau – amazing and no hesitation about recommending it.

LOAD Changing meetings. More info in second half of LOADS.

Topics - Does this work?

Issues from the meeting e.g. gangs.

15 – 20 minutes next meeting.

Corrections

'P'.

Karakia: Kuamatua Bruce Wikitōa.

Meeting closed at 12.15 p.m.

Attendance: 22

Further information and agendas available on www.adanz.org.nz.

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at cate.kearney@adanz.org.nz