

LOAD

TIMARU

Meeting Record Wednesday 14th November 2007

Apologies: Merv Layt, Jacqui Robinson, Kirsty Henderson, Kim Purcell, Jan Thomas, Linda Gaskin

Karakia: Brent Tohiakiri.

Welcome: Char Macpherson, ADANZ

Service Introductions / News

Wairangi Warren, Timaru DHB, Youth worker, 4 in treatment and 4 waiting; Diane Welsh, Caroline House, four beds full at the moment, Outreach Service – harm minimisation, go out to clients; Gail Rowland, new Child & Youth Consumer Advisor; Gurbux Rasmussen, Timaru Mental Health Support Trust, Day programmes, supported employment, lots of dual diagnosis; Linda Waitokia, Centrecare Counselling Waimate, counselling field and trained in Addiction; Char Macpherson will be coordinating the LOAD meeting in 2008, suggestions for agenda items welcome, ADANZ

PRESENTATION

Mauri Ora Update – Brent Tohiakiri, He Waka Tapu, Christchurch

- Introduction to He Waka Tapu
- NGO getting bigger gaining more contracts. Has gained the Te Rito Arahi contract work; include screening there are new positions, senior clinician, support worker, youth worker, Kaumata; compliance and auditing, 6 recommendations to meet for KP Maori agency & best practice – it is a blending the two.

Q: Expansion – new work? What are the qualification's required for new positions?

A: Diploma / Degree in AOD – Cultural Competence.

12 week, day programme. Supported accommodation. Provisional accreditation then will increase to 10 bed residential.

Entry criteria, is a KPM (Kaupapa Māori) but all are welcome - men and women.

Completed 6 cycles since opening. Retention an issue but no different than other services; 14 often reduce to 6 – 7.

Screen long term opiate users, moderate to severe AOD, sober / clean for 5 weeks, expect to see a reduction over this period. If not reducing use, no longer included in groups, work with one on one.

Don't use jargon – want everyone to understand. Over the last 2 years AOD not the only problem, has been difficult, now bring in outside services to meet those needs outside our skill set e.g. Familial Trust for family issues etc.

Hepatitis C Centre, sexual health, smoking cessation, supported Maori Reps from the IRD. Include fun aspects as well, without using substances e.g. out to the country, dance classes.

Ko wai ahau – who are you? A way for whanau / people to connect.

Lots of evidence based models but modified to fit e.g. language and kawa used

'People' come through the door not the presenting issues.

Changes – now Powhiri process

Want whanau involved throughout not just at particular stages

Huata new to the Service replacing Hemi Lewis.

Tikanga and Māori culture not thrust upon clients

Q: Where do people detox with cultural safety as well as medically safe.

A: Home Detox perhaps on Marae, can detox in a hotel room

Problem Gambling - assessment all have gambling screen can be involved on the PG programme.

Nutritional education available, shopping for nutritional advantage

Health & Fitness Assessment, gym available

Aftercare planning important to set up well.

Q: Issue with Retention? Residential or Day

A: Both

Discussion and Comments on:

Core beliefs

Addiction often all that is treated

Good that other aspects worked with

Self responsibility an important focus

Cutting Edge - Mason Durie – services to be more inclusive

No waiting list at present

Char Update on:

Addiction Treatment Leadership Day. NCAT background; WFD – HPCA; DAPAANZ, Matua Raki.

General discussion followed.

Thanks to Kaumatua Bruce and Wairangi for their awahi / support in the Powhiri and in organising this LOAD meeting at Te Aitarakihi Marae.

Karakia: Brent Tohiakiri.

Meeting closed at 12.15 p.m. Attendees: 20

Meeting dates available on www.adanz.org.nz. Suggestions for agenda to Char Macpherson char.macpherson@adanz.org.nz
Please note: These notes are a summary of opinions expressed by meeting attendees. If anyone would like further information please email reception@adanz.org.nz