

## INVERCARGILL

Minutes Friday 19 May 2006

### Apologies

G M Runaka, Bruce Findlater, Wendy Fraser

### Mihimihi

Pariri Rautahi

### Karakia:

Mohi Takako

### Introductions

Selina Elkington

He Waka Tapu.

George Ehau

Kaumatua for He Waka Tapu. Here to be part of He Waka Tapu team / presentation..

Deb Fraser

Manager Mirror Counselling and Day Programme. Great to be here to meet with people and update on their services. Apologies from Blondie who was unable to attend today.

Mary Napper

Community Development in local government.

Christine Brown

Southland Community College. Always interested to learn as much as possible about programmes that are available.

Wendy Ellis

YMCA work with youth offenders. Drug and alcohol.

Tewhaea McFarlane

Te Korowa Houora Ora, Maori Mental Health Team, CAFS.

Allan Sonneveld

Specialist co-existing worker CAMHS.

Ray Thompson

Supporting runaka.

Jim Marsters

Co-ordinator Odyssey Youth Service, will present later. Happy to be here also here to support He Waka Tapu.

Michelle

Here to support Selina. 2<sup>nd</sup> year student, studying.

Anne McSoriley

Public Health South.

Philomena

Waihopei Runaka. Compliance Manager.

Racheal Maheno

New Graduate Nurse of SDHB. Here to gain knowledge.

Sharee Grigg

Nurse Rhanna AOD clinic.

Joe Oxley

Manager Rhanna Clinic. New to position. Has worked in Mental Health Services for some years.

Hannah Bain

CYFS Gore. New to Service and new to LOAD.

Tina Brown

Co-ordinator Care and Protection and Youth Justice. Interested to hear of new services.

Ana Beaton

Youth Justice Co-ordinator CYFS. Good to be at meeting, has attended Ashburton LOADS.

### Discussion

#### BZP

Increase in use from Southland youth (Odyssey) especially young women. Increase in psychotic presentations in CAMFS. Recent presentation not sure of long term effects. Rhanna 18 – 24 years old, more women using. Developing tolerance. Public Health looking at the issue. Dunedin model of responsible retailers and possibility of adopting similar approach for Southland.

### Presentations

#### **Odyssey Youth and Adult Services**

Jim Marsters, Team Leader Odyssey Youth

- History of Youth Programme
- Running 10 months
- Residential Service – stand alone building to be completed in 20 months.
- Service has been accessed by youth from around South Island – seems to be useful that young people have peer groups for a change.
- Research component early stats to be presented at international conferences.
- Profile 14 – 17 transient life style; co-existing disorders, disassociated from family / school.
- Young people stay 4 – 6 months. Harm reduction approach. Challenge to retain youth with any other goals also challenge in broader social, educational needs.

Questions and answers re funding, aftercare, capacity, transition back to community an issue.

#### **Mirror Counselling and Day Programme**

Deb Fraser

History: Started 1991; day programme 2001 for Otago and Southland (supported accommodation for Southland). 2002 developed Kaupapa Maori framework, moved programme to Waitati for more appropriate environment 2004.

Outcomes: 40% complete the programme; 13% graduate; 30% return to school; 22% into training programmes. 9% work (exited early from the programme); 7% moved; 10% required mental health or CYFS intervention; 16% unknown. 55% Maori 7% PI.

#### *Programme Description*

Supported accommodation: 27 in supported accommodation; 10 female, 17 male. 17 have been from Southland. Sub contract accommodation. Stay up to 6 months.

## **He Waka Tapu – George Ehau and Selina Elkington**

- Matua George introduced He Wako Tapu and the cultural meanings inherent in the organisation and development of Kaupapa Maori Programme. Evolution of the service also described.
- Hemi introduced himself and acknowledged Graeme Lorr and the Nelson / Marlborough services.

Health and Social Services Agency – range of services described:

Kaumatu

Kaupapa Maori Service evolved after the closure of Taha Maori R, Hanmer

Team employed in October. Developed philosophy and programme embedded within a cultural framework.

Inclusive and collaborative approach with other services.

## **Programme Components Described:**

### **Phase 1**

Week 1. Building Motivation

2. Life journeys
3. AOD patterns
4. Change Plans
5. Relationships Whanau/support system
6. Skill development
7. Relapse prevention
8. Maintaining change

Phase 2

9. – 12 4 week transitional phase. Cultural component described.

- Cultural component described.
- Supported accommodation available from the end of May.

### **Karakia:**

George Ehau

### **Attendance:**

24

*Meeting closed 12.40pm*

### **Next Meeting**

18<sup>th</sup> August 2006

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at [cate.kearney@adanz.org.nz](mailto:cate.kearney@adanz.org.nz).