

# LOAD

## INVERCARGILL

### Meeting Record Friday 17<sup>th</sup> August 2007

#### Apologies

Anne McSoriley, Joe Oxley, Sandy Dawson, Dave Jenkins, Louise Travis, SM MHS; Dawn Lloyd; Shardi.

#### Welcome

Cate Kearney

#### Karakia

Tuari Potiki

#### Attendance

Mary Napper, Community Development; Ana Beaton, CYF Invercargill; Michelle Grace, CYF Invercargill; Ann Fowler, Public Health South; Diane, CYFS Gore; Marc Beecroft, ADANZ; Ross Thompson, Rhanna Clinic; Joy Goodall, Te Kotaku; Margaret Gillan, Gore Counselling Centre; Diedre Kokich, Southland Mental Health Network; Fran Wilhelm, SDHB Family Advisor; Jo Bremmer, SF Southland; Deb Campbell; Hilary Lawrence, Divo.

#### **Service News**

*ICC:* Submissions for strategy close today. Submissions 10/9.

*Youth Justice and CYFS:* Increase in young female offenders and violence. Seeing more young parents with drug use. Lack of resources to assessment.

*Public Health South:* FAE – Huge in the community. Reluctance for specialists to diagnose. Little treatment. Very few community resources national awareness day 9/9. Very little done in Southland. Plan to start project over next year. Important to not stigmatise people in the community. Well child schedule about to be changed: consultation period very short. New specs look good and relates to risk assessment at an earlier stage, AOD taken into consideration as a risk factor. Discussion about FAE language and discrimination.

*Regional Consumer Advisor:* Southland Consumer Advisor and Family Advisor. Here every two months. Runs consumer groups to discuss service development. Southland – aims to see that service is friendly; only 8 hours progress slow but it is happening. Interested to see Mental Health Facility see consumers that have AOD.

*Gore Counselling:* Have a range of services. Work with people of all ages 15+. Work with families also.

*SF Southland:* Employed full time field worker for Wakatipu. Also seen the effects of Fetal Alcohol Effect.

*Southland Quality:* Interested in discussion about FAE. Wonder if there is a project to bring community and AOD services together.

#### **PRESENTATION**

##### **Alcohol Strategy, Invercargill City Council – Mary Napper**

Strategy worked out with community advisory group: Findings and next stages presented and discussed.

##### **Gore Counselling Service – Margaret Gillan**

- Appointed as a counsellor, 8 years ago. Changed work from group to one on one to protect privacies.
- One FTE AOD between 3 workers.
- Self referrals, probation, GP, church
- Alcohol and cannabis main presentation; no “P” at this stage.
- Have a case load and also do outreach work.
- Use resources: focus group once a week; outreach work (people in outlying areas; those without licences); sometimes home visit; team of support people; H & DS advocacy to visit; aftercare group.
- 10 or 15 seen at a time, try to get people to address AOD first and then violence.
- Staff undertake professional development.

##### **Quality Services and Quality Improvements – Deidre Kokich**

###### *1. Maori Providers*

- Employed by SDHB to work with NGO on quality improvement.
- Maori provider accreditation hui led by Tracey Wright, Nga Kete Matauranga Pounamu.

2. *H & DDS*  
Submissions due by the 21<sup>st</sup> August. SMHN has worked with consumer / family group to put together submission.
3. *SMHN: Strategy Quality Plan*  
SDHB MA providers encouraged to submit to top goals. 9 clear quality themes and priorities. Plan to be drawn up of initiatives 1 July 07 – 31 June 08.
4. *SMNW Quality Awards*  
Awarded to SDHB MHS provider arm: collaborative project. SMH Emergency team and Emergency.

#### **Mirror Youth Day and Supported Accommodation – Deb Fraser**

- Here to speak about programme.
- Mission youth AOD and mental health services.
- History of extension of services.
- Services for Southland out of HFA discussions.
- 35 young people from Southland; many from rural area.
- Challenges with appropriate placements for young people. Found placements at Moana House have worked very well. Child Youth and Family placements, family in Otago; pool of caregivers.
- Otago MH Review identified a lack of resources for residential services. RFP process underway. Mirror hope that whatever the outcome they will be able to access this resource.
- Youth attending are at the chronic / severe end rather than moderate: need longer term involvement while keeping goals attainable.
- Family work and family reintegration remain challenging – programme described.

*Questions and Answers.*

#### **Housekeeping**

##### **Venues for 2008**

##### **Southland Community House**

- OK
- Parking not so good
- Limited Seating

##### **White Heron**

- Cold
- Has atmosphere
- Larger meetings

#### **November LOAD**

St Johns, Queenstown: Agenda items to include Local initiatives.

**Karakia:** Tuari Potiki

*Meeting closed at 12.15pm. Attendees: 15*

Further information and agendas available on [www.adanz.org.nz](http://www.adanz.org.nz). Suggestions for agenda to Char Macpherson [char.macpherson@adanz.org.nz](mailto:char.macpherson@adanz.org.nz)

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at [cate.kearney@adanz.org.nz](mailto:cate.kearney@adanz.org.nz).