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Invercargill
Meeting Record Friday 15th August 2008

Apologies: Mary Knapper
Karakia: Char Macpherson
Welcome: Char Macpherson

Service News and Updates
Adventure Development: Youth AOD service going well. A group of AOD service managers has been set up to improve coordination of AOD services around Southland, the first meeting of AOD Managers Group will be held after lunch. The Clinicians Helpline 0800 471 0265 really useful, free National Service quality info. *Supporting Families Southland:* Sandy Dawson recently appointed Field Worker. New support group for men who care for someone with a MH Illness or addictions interest group peer to peer support.

PRESENTATIONS

- **Sharp Trust – *Sandie Knapp***
  Open 9am – 7pm, Tay Street. Think about what Harm Reduction (HR) is? SHRP has been going for 2 years, started under the umbrella of Divo; is a peer driven service. Provides workplace education on working safely with blood management. Working with Consumer Advisor to get feedback re services with the aim to improve service delivery. Have 200 clients per month, mostly men and non Māori. Q: Needle Exchange programme in prison? A: No. there is no screening for Hep C either. Condoms are included but described as HR 'items' not condoms. There are issues with needle stick, needles can also be used as weapons. But a good HR decision by Corrections is the 'shaver exchange' old for new which reduces Hep C transmission. Important to remember that blood born disease transmission is possible at all levels and environments not just those related to intravenous drug and prison use e.g. child care and schools, work places etc are all environments where people could be exposed to contact with blood.
- **ALAC – *Gilbert Taurua***
  Background: The Alcohol Advisory Council of New Zealand (ALAC) was established in 1976 by an Act of Parliament, following a report by the Royal Commission of Inquiry into the Sale of Liquor. The Commission recommended establishing a permanent council whose aim was to encourage responsible use and minimise misuse.
  Work includes: ALAC supports the treatment field by continuing to be the main sponsor of the annual Cutting Edge Conference and the Alcohol Drug Helpline 0800787797. ALAC is focused on harm reduction, is taking a more public health approach such as influencing the population by changing the culture around the use of alcohol via its social marketing campaign; as an advisor to the government, is having a strong influence on national and also local government, public policy and legislation; supporting local communities by funding and working with local groups and organisations to reduce harm in their communities.
  Resources: ALAC produces a quarterly newsletter alcohol.com and provides a range of high quality resources that are available free from the ALAC website and via the Alcohol Drug Helpline. They also have a library and access to many addiction related journals which can be accessed through the website. The website also carries a great deal of useful information and has a blog site where people can comment on current issues etc.
  ALAC is funded by a levy on alcohol produced and imported for sale in New Zealand.
  More information can be found on ALAC's web site
  http://www.alcohol.org.nz
  Southern Regional Office
  Level 4, Media Associates Building
  77 Hereford Street
  PO Box 2688
  Christchurch
  Phone: (03) 365 8540, Fax: (03) 365 8542, Email: southern@alac.org.nz
- **Odyssey House Christchurch – *Hatarei Peka***
  Odyssey House is a Therapeutic Community- residents have a lot of input into the programme
  Described as a smaller community within a wider community
  Adult Programme: 17 years and over, men only, including those on Home detention and those on the methadone programme.
  Methadone clients are aiming to get people onto the programme earlier for increased benefit

waiting times are often complicated by the Parole system.
Q: Referrals through courts? A: More from Corrections and Parole.
Referral Process:
Have a new referral form to speed up the process, this is followed up by a comprehensive assessment.
Models of Treatment: Behaviour modification, CBT.etc.
Group Therapy
Stress and anger management
Couples / family intervention
Recreational Activities
Youth Residential
Q: Services for women? This is definitely highlighted as a need.

Karakia: Char Macpherson

Meeting closed at 12.00pm. Attendees: 30. Meeting dates available on www.adanz.org.nz. Suggestions for agenda to Char Macpherson char.macpherson@adanz.org.nz Please note: These notes are a summary of opinions expressed by meeting attendees. If anyone would like further information please email reception@adanz.org.nz