

# Liaison on Alcohol and Other Drugs LOAD

## Dunedin

### Meeting Record Thursday 14<sup>th</sup> May 2009

**Apologies:** Glen McLennan, Barbara Bennett

**Welcome:** Char Macpherson, ADANZ

**Attendance:** See at the end of record

#### Presentations

**To see the Power Points used at this meeting go to:**

<http://www.adanz.org.nz/ADANZ/Subnav/Coordination/LOAD> choose your region and scroll down past the meeting dates.

#### ➤ **Talking Therapies, Trudy Dent, Clinical Nurse Specialist, ODHB**

No research re who uses Talking Therapies. Talking therapies are connected through most high level documents starting with the Blueprint.

Discussion

Q: How to get consistency in training Nationally? A: Need to get a national plan across all 5 WFD organisations e.g. Te Pou, Matua Raki etc.

Need ongoing training rather than isolated pockets.

Problems for NGOs funding not wide enough.

General Discussion: Difficult training and funding between DHBs for DHB employees and also for what is made available to NGOs. Continuity and consistency is needed.

Difficult to get places on courses.

#### ➤ **Ashburn Clinic, Lorraine Watson**

Therapeutic community

*Overview:* Although private Ashburn clinic is a charitable trust. NGO national assessment.

Q: How does this programme differ from Bridge? The target group is different – not really, ie not 12 step. Work with co-existing and mental health. Only residential to start. Also day programme but this is progressive process.

Cost is 1/3 that of DHB services per person. From 1<sup>st</sup> July \$400 per night for anyone. DHBs can send their service users to the AOD programme.

Generally Therapeutic Community model – depth and expertise, good for addiction / mental health.

Starting a new AOD Programme (Detox separate). 2 week assessment then enter 10 week programme.

Group size 6 – 10.

Intakes – open / revolving group

After care – support

Peer support

Exclusions: under 17 / 18, aggressively out of control; on methadone because of abstinence (initially)

Target groups 'include' employer funded treatment

Various cost structures for Detox, 10 week programme, etc

Planning a meeting with Funding and Planning re sustainable funding.

#### **Local Service News**

*Regional Consumer Advisors Office:* Dunedin meetings going well (7 attended latest meeting) Aim to come down every 3 months rather than to encourage reps to come to consumer group meetings. Will encourage training in running the meetings and working with the group. Planning a day at the DHB with NGOs based on the 10 learning challenges in Te Korkiri.

*Divo:* Monthly rural outreach throughout Otago region monthly.

*CADS Dunedin:* Not moving now until August next year, 3 vacancies. Coordinator, AOD clinician, Secretary.

*Moana House:* Training competency, training enrol before end of year; recovery Hui. Waiting list still problematic. Have had whanau visiting during school holidays, whanau can visit (when appropriate) leads to positive outcomes.

*Richmond NZ Detox:* Nurse with Talking Therapy skills joining services. May be shifting premises. Busy.

*Mirror Counselling:* Day Programme is full. 11 staff on counselling service involved in case study on services by MoH. Review of the Misuse of Drugs Act. Want health base approach rather than justice based. Discussion followed and issues identified around access to treatment and probation and around access to treatment.

*Pete Hodgson Office:* Not in government means more time to access him re Projects and Service development things to work on. Constituency work has not changed. Contact to schedule a visit.

*University work:* Gordon Howard Chair, work in child Family studies. Focus on violence and dysfunctional families. Changed from qualitative studies. Probation study underway, publicised soon. Children parents in different towns problematic when related to AOD.

YSS: Staff stable, no changes.

*Adventure Development:* Youth AOD rep on Round Table Group. Over spend in the Otago area, need to make improvements according to DHB.

#### **National Addiction Sector Updates, Research & Report Hot Points & Diary Events**

- Moana House Training Institute Courses: for further details see [www.moanahouse.org.nz](http://www.moanahouse.org.nz).
- ATRN Research news, Matua Raki Scholarships and effective interventions
- Support workers network add link [ng.org.nz](http://ng.org.nz)
- DAPAANZ Cutting Edge: [www.dapaanz.org.nz](http://www.dapaanz.org.nz)
- Liquor Control Campaign
- APSAD

*Meeting closed at 12.00pm; Attendees: 21*

Meeting dates available on [www.adanz.org.nz](http://www.adanz.org.nz). Suggestions for agenda to Char Macpherson [char.macpherson@adanz.org.nz](mailto:char.macpherson@adanz.org.nz) Please note: These notes are a summary of opinions expressed by meeting attendees. If anyone would like further information please email [reception@adanz.org.nz](mailto:reception@adanz.org.nz)