

LOAD

DUNEDIN

Meeting Record Thursday 14th February 2008

Apologies: Stuart Gray, Dave Gibb, Tanya Surrey, Grant Ritchie

Karakia: Michael Laufiso

Welcome: Char Macpherson, ADANZ

Attendance: Attached at the end of record

Service News

Mirror Counselling: 2 new FTEs over 3 positions. Now running an allocation list rather than a waiting list, works better. Brief Intervention groups, working with young people who have aggressive and violent behaviours are starting this month. Day programmes closed groups now (they were open). Te Whakaruruhau are setting up the houses and currently working through the referrals; will be providing a multi systemic approach. *Moana House:* Te Rea and Te Aka now combined as Te Taketake, places are available, starts in March. *NZ Police:* Māori Liaison Officer – Networking with Māori and community organisations. *Dunedin City Council:* City Council Youth Strategic Plan implementation, the long term plan is to start programmes in schools. *Otago DHB:* The roles in Funding and Planning for Mental Health and Addiction are now separate - previously combined when Lucy Sandford-Reed was in the position. *CADS:* Changes in staff, new manager for AOD Service soon. Strain on the waiting list when reallocating clients. Waiting list is problematic. Methadone, there is interim prescribing but people still have to wait for assessment. *Otago DHB Consumer Council:* Advocacy assist liaison with CADS. Reformed relationships with units e.g. CADS Youth Specialists Service etc., acts in an information capacity not advocacy. *Adventure Development:* ADS New office in South Canterbury. AOD service is more intensive now. 3 staff in Christchurch Service, 3 In South Canterbury new service (several staff have enrolled in courses) and 4 in Dunedin. Training and qualifications discussion.

National updates: New position - Catherine Inder has been appointed to the role of Strategic Advisor, Addiction. The role is jointly funded and accountable to both the Mental Health Commission (MHC) and the Alcohol Liquor Advisory Council (ALAC). The aim is to report on the barriers that prevent the delivery of integrated treatment for people with co-occurring mental health and substance use disorders. Reminder that Addiction Treatment Leadership Day in March - register online at ALAC. ADANZ: advertising for new AOD Consumer Advisor to fill the position left by Tim Carter, Char Macpherson now coordinator of the LOAD meetings.

PRESENTATIONS

➤ **Dunedin Alcohol and Detox Service – Lorraine Watson, Richmond New Zealand**

Detox Service

Background

2 staff in Dunedin

Detox Service under the Southern Region

Richmond NZ Services are throughout New Zealand. The only AOD Service (Detox) is this one in Dunedin.

Move to medical detox encouraged to provide social detox support

- Supported period of abstinence prior to entering service
- Brief Intervention 5 – 6 sessions
- Service is free
- Stable environment
- 1 bed available for rural also for alcohol detox
- Pressure relieved by the interim methadone
- Had first Ritalin detox for a while. MST more recently
- Mostly opioids and cannabis
- 18 years but can support or share care with younger people / youth
- No medical bed in hospital – supposed to refer to psych ward this is an issue.
- Detox remains outside the DHB formal process
- Medical versus social / professional
- Discussion around the issues related to psych

➤ **Student Health and AOD – Chrissy Griffiths and Diane Noone, Student Health Services, University of Otago**

There has been a specific AOD counsellor position previously but it did not work as well as having a holistic approach.

Involved in setting up programmes over 10 years – approach included talking to senior students to develop youth working with youth.

Over the years seniors from all areas (residential halls, student association etc, Māori, Pacific Island vols / peer support) get core training which includes AOD including Brief Interview skills, using resources, the best way to cover all issues.

Q: What about connection with alcohol industry bar managers etc.? What is the attitude of staff?

A: Different people different attitudes some take advantage of youth / students some aware of issues.

➤ **IIMHL Exchange and Conference** – Deb Fraser, Mirror Counselling Service

Vision; Mission, 2 fold initiative – 2 days in a service / organisation and attendance at 2 day conference. Different approaches to AOD in different countries. Good forum & a way to compare NZ treatment to that internationally.

Range of initiatives carried out through this forum e.g. Indigenous and immigration issues.

This presentation was split into 2 sections and it was agreed to include the report on the service exchange at the next LOAD meeting in May.

➤ **A Career in AOD – John Caygill, CADS (Community Alcohol Drug Service)**

Changes over time 20 – 30 years have included:

Broadening of the substance base; alcohol always number one substance, but cannabis has become more accepted; BZP millions of doses sold; “P”.

There has been a broadening of the client base who are getting younger. Changing drinking styles e.g young women are drinking to get drunk - 25 of our new referrals are now women. 21 year olds are now meeting the criteria for cannabis dependence.

Treatment is more evidence based now. Normalisation of substance use also a normalisation of treatment and the way treatment is seen. Damage control for the worst cases. Context of time and notion of Harm Reduction – treatment more realistic ie not just abstinence.

Karakia: Michael Laufiso

Meeting closed at 12.00pm

Attendees: 15

Meeting dates available on www.adanz.org.nz. Suggestions for agenda to Char Macpherson char.macpherson@adanz.org.nz

Please note: These notes are a summary of opinions expressed by meeting attendees. If anyone would like further information please email reception@adanz.org.nz

Attendance List

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|-----------------|--------------------------------|---|--|
| Andrea Moore | Adventure Development | 03 470 1691 | andrea@adventuredevelopment.co.nz |
| Anna Paris | Office of David Benson-Pope | 03 455 2304 | labour@earthlight.co.nz |
| Char Macpherson | ADANZ | 03 379 8626 | char.macpherson@adanz.org.nz |
| Dan Mustapic | Otago DHB Planning & Funding | 03 470 3868 | daniel.mustapic@healthotago.co.nz |
| Deb Fraser | Araha Ki Te Tamarki Trust | P O Box 276, Dunedin | mirror.counselling@xtra.co.nz |
| Greg Paris | Youth Speciality Service | 3 rd floor 8 Moray Place, 4745601 | greg.paris@healthotago.co.nz |
| John Caygill | CADS | 03 477 1901 | |
| Liz McCafferty | Otago Youth Wellness | 03 474 9547 | lizm@cywt.org.nz |
| Lorraine Watson | Richmond NZ | 03 471 6170 | lwatson@richmond.org.nz |
| Martin Burke | Otago DHB Consumer Council | | Shorty-bv-ke@hotmail.com |
| Mary McMillan | Mirror Services | 03 479 2970 | mary.mirror@xtra.co.nz |
| Michael Laufiso | Dunedin City Council | 03 474 3513 | mlaufiso@dcc.govt.nz |
| Penne Morris | Office of the Hon Pete Hodgson | 03 474 1973 | pene@petehodgson.co.nz |
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| Toni Pelasio | NZ Police | 03 03 471 4888 | toni.pelasio@police.govt.nz |