

LOAD

TIMARU

Meeting Record Wednesday 15th February 2008

- Apologies:** Linda Gaskin, Margaret Hill, Garry Linton, Gail Rowland, Kristy Henderson, Kim Purcell, Valerie Marshall
- Karakia:** Bruce Wikitōa.
- Welcome:** Char Macpherson, ADANZ
- Attendance:** Attached at the end of record

Service Introductions / News

Timaru Hospital: Amy Perkins, new CEO; Timaru AOD service in a state of change, development, restructuring, new Operations Manager Chris Nolan starts 1 / April. *Needle Exchange:* have produced an 18 month calendar with a local artist from Timaru, available free nationally. *Community & Public Health;* New Youth AOD promoter. Part-time Health Promoter with WAVE scheme in Schools with YATA and SAD, new project manager & regional manager. *Mental Health Trust Victoria House;* taking placements from Polytech students, Mental Health Workers Certificate, new admin office block this year. *Safer Communities Support Trust* crime prevention and family violence, focus on tagging, project with youth. *Temuka Community and Public Trust:* difficulty with referrals of recidivist drink drivers, offenders are not recognised for doing the course, funding difficult, probation using service most, part of supervision orders. Want an injection of skills and suggestions, police don't see it as their role. Who should be a head agency to fund this training? Many come up under CARP. *National updates:* New position - Catherine Inder has been appointed to the role of Strategic Advisor, Addiction. The role is jointly funded and accountable to both the Mental Health Commission (MHC) and the Alcohol Liquor Advisory Council (ALAC). The aim is to report on the barriers that prevent the delivery of integrated treatment for people with co-occurring mental health and substance use disorders. Reminder that Addiction Treatment Leadership Day in March - register online at ALAC. ADANZ: advertising for new AOD Consumer Advisor to fill the position left by Tim Carter, Char Macpherson now coordinator of the LOAD meetings.

PRESENTATIONS

➤ **YADS – A New Youth Service for Timaru**

Kat Walinski, Wayne Carter, Louise Kirkland, Adventure Development Ltd, South Canterbury AOD Service YADS, Clinical Director is Colin Goldthorpe; Area Manager (Dunedin) Scott Blair.

Access, 13 – 20 years but this is flexible ie to suit person developmentally.

Screening: in other services ie are they suitable; self referrals.

Assessment 2 – 3 sessions – developing relationship then identify the best course brief or intensive, include family.

Criteria range young: Caseload up to 32 at any one time.

ADC intensive, so limited to 9 places per 6 months

Includes adventure activities e.g. tramping and similar outdoor

Also identify those with mental health issues, who have difficulty accessing other services

Criteria high risk of AOD, difficulty accessing other services

Q: Referrals? A: Anyone can refer and are then assessed

Q: Cultural liaison? A: Looking at how to develop connections locally to improve connections

Q: ADC activities? A: Yes, rock climbing, kayaking etc

Q: How often over 6 months do these conditions occur? A: Monthly or more if group suitable, help develop connections

➤ **Services for Women**

Sue Hay Salvation Army Coordinator Womens' Services

Overview of Handout

- Treatment Models (includes all of these)
- CRA Community Reinforcement Approach
- 12 Step spirituality (not main focus just 1)
- SA network

Serenity Women's Services Outpatient

- Women
- Dual diagnosis (must have dual diagnosis). Ref after detox or have difficulty getting into other service.
- Client driven – what level of support they want
- Women only groups
- Canterbury based but with phone based support to outlying areas.
- Serenity Haven

- Residential
- 4 beds
- Often have history of relapse have struggled for a long time
- Minimum of 3 months up to 12 months
- Transition
- Treatment groups 1 - 1

Circles of Change

Women and children, referrals to CADS matched to appropriate service, Safe Haven, (Vincention or The Bridge, He Waka Tapu day programme), children – school, nanny, day programme, day care.

Q: Waiting times?

A: Depends on which service, 4 months maximum, , Circles of Change approximately a month from referral not assessment.

Karakia: Bruce Wikitoa.

Meeting closed at 12.15 p.m. Attendees: 24

Meeting dates available on www.adanz.org.nz. Suggestions for agenda to Char Macpherson char.macpherson@adanz.org.nz

Please note: These notes are a summary of opinions expressed by meeting attendees. If anyone would like further information please email reception@adanz.org.nz

Attendance List

Name	Organisation Name	Address/Phone No	Email
Amy Perkins	Timaru AOD Service	Private Bag 911, Timaru 03 684 1420	alcohol.drug@timhosp.co.nz
Char Macpherson	ADANZ	P O Box 13-496, ChCh, 03 379 8626	char.macpherson@adanz.org.nz
Diane Welsh	Caroline House	PO Box 679, Timaru 03 684 6020	caroline.house@xtra.co.nz
Dianne Black	Consumer Advisor	03 684 1337	dblack@timhosp.co.nz
Gurbux Rasmussen	Timaru Mental Health Support	83 King Street, Timaru	tmthst@xtra.co.nz
Jacqui Robinson	Community Public Health	03 684 0658	Jacqui.robinson@cdhb.govt.nz
Jan Thomas	Needle Exchange	03 688 8158	nextimaru@xtra.co.nz
Jane Cullimore	Safer Communities Support Trust	03 687 7273	janec@timdc.co.nz
Kat Walinski	Adventure Development	027 653 5876	kat@adventuredevelopment.co.nz
Kate Balfour	Public Health Nurse Timaru Hospital	03 684 1510	pubhealth@timhosp.co.nz
Koro Bruce Wikitoa	Kaumatuā, Cultural Advisor	SCHDB, Private Bag 911, Timaru, 03 688 1625	maori.unit@timhosp.co.nz
Lisa Manson	Temuka Community Care Trust	8 Domain Ave, Temuka 03 615 7542	magpie1@xtra.co.nz
Louise Kirkland	Adventure Development	03 684 5830	lou@adventuredevelopment.co.nz
Maryann Wilson	Timaru AOD Service	03 684 1420	mwilson@timhosp.co.nz
Sue Hay	Christchurch Bridge		Sue.hay@nzf.salvationarmy.org
Sue Mitchell	Community & Public Health	03 688 6019	sue.mitchell@cdhb.govt.nz
Te Ra Whiaunui	Caroline-House Inc	03 684 6284	
Terry Cummings	T.M.H.S.T.	27 Rose Street, 03 688 3182	
Wairangi Warren	Youth AOD worker TDHB	13 Takapo St, Timaru, 03 688 1625	bwarren@slingshot
Wayne Carter	Adventure Development	03 684 5830	wayne@adventuredevelopment.co.nz