

LOAD

ASHBURTON

Meeting Record Tuesday 7th August 2007

Apologies: Catherine Trott, Victim Support; Ngairie Tinning

Welcome: Char Macpherson, ADANZ.

Service Introductions:

Tim Carter, ADANZ; Chris Clark, ACADS; Rod Beavan, Ashburton DC and Ashburton Council of Social Services; Jan Thomas, Needle Exchange; Raewyn Barclay, CYFS; Pam Eaden, PHN Service; Rob Hooper, NZ Police; Char Macpherson, ADANZ; Debra Kerr, Ashburton Psychiatric Services.

Service News:

NZ Police; Youth stats just out suggest that youth offending in Ashburton has not increased but dishonesty and theft has a little, notes that in a small area it only takes one or two individuals to make a difference to the stats – over all there is a slight drop in crime.

Needle Exchange NEAR; the MoH decision on funding for the Ashburton service has been postponed, increase in new clients, have a new peer worker.

CYFS, have youth justice supervisors and co-ordinator working with youth.

Ashburton District Council and Ashburton Council Social Services; continue with community work, share concerns re 'Undie 500'.

Ashburton Community Alcohol and Other Drug Service; extremely busy and have implemented a waiting-list for the first time, groups for youth starting at Mt Hutt, are concerned about the imminent 'Undie 500' an annual University of Canterbury Student Association event, and are liaising with the other local bodies to contain possible impact in the area.

Ashburton Psychiatric Service; the service continues to be busy, work in well with AOD service.

Regional Consumer Advisor; the role is to be of assistance to services in meeting the requirements of Section 9 of the Standards by supporting consumer meetings and to work in with services, facilitating useful communication and participation, in area regularly every two months can be contacted in office see attendance details.

ADANZ; Connections out soon continues with focus on 'Recovery' concept, busy with LOAD which will continue to hear updates from services but will focus on delivering treatment and work force development information in a presentation format, always seeking suggestions from attendees for topics.

PRESENTATION

The Recovery Approach

Introduction

Char (ADANZ) introduced an overview of the MHC - a Crown entity from a recommendation by the Mason report and how the Recovery concept was incorporated into the policy.

Consumer View

Tim Carter spoke as a consumer of both AOD & Mental Health (MH) services, the difficulty of trying to get into aod treatment while having MH issues as a young person were described, followed by a fast overview of his journey to the present time. The insight illustrating examples of changes in attitudes, services and possibilities.

Discussion

CYFs attendees pointed out that it was still difficult when trying to get treatment for someone with complex substance use issues and mental health issues, it is problematic approaching either service for help and often they could not find a solution.

There was general agreement on this from the floor.

AOD and Recovery

Chris Clark Manager of ACADs After an overview of ACADS a description of how the service worked to support people, clients, patients, and families in their recovery by offering hope, hope being one of the main aspects of beginning recovery. Planning with the person is a vital part of recovery, how they would go about their recovery emphasising compassion, empathy, empowerment, inclusion of consumers/section 9 etc. Also noted was that, as a

community service in a small/rural place relationships with many other services was part of the recovery plan along with working alongside and with the mental health team.

Mental Health and Recovery

Debra Kerr gave an overview of the Mental Health Community and Emergency Services which are part of the Christchurch DHB and how it fits in with AOD team and how it works within the Recovery approach. It is likely that if a person has a substance use disorder they will also have at least one other co-existing mental health diagnosis. To meet the various needs of patients/tangata whaiora, having a good relationship with other services during treatment and after care in the community is essential.

Although recovery is a commonly known concept the exercise of presenting our various understandings of it was quite a task and had illustrated that there were interesting contrasts and important similarities between services.

Discussion

Short discussion highlighted issues with the AOD Addiction Act.

Comment on how useful it was to have ACADs in-put at school level and the presence in community where AOD had an impact

The usefulness of this presentation has led to a better understanding of the process of recovery now and how it worked with Mental Health and AOD.

It was pointed out that the focus of the MHC was moving towards 'Wellbeing' which included cross-sector and govt departments working in together including the police.

Attendance: 10

Further information and agendas available on www.adanz.org.nz.

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at cate.kearney@adanz.org.nz.

Attendance List

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|-----------------|---|--|--|
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| Chris Clark | ACADS | P O Box 596, Ashburton 03 308 1270 | acads@xtra.co.nz |
| Debra Kerr | Ashburton Psychiatric Services | 11 Elizabeth Street, Ashburton 03 308 7447 | |
| Jan Thomas | NEAR (Needle Exchange) | Box 944, Timaru 027 660 0658 | nextimaru@xtra.co.nz |
| Pam Eaden | Public Health Nursing Service | P O Box ?, Ashburton 03 308 8783 | pam.eaden@cdhb.govt.nz |
| Raewyn Barclay | CYFS | 03 308 1270 | raewyn.barclay001@cyf.govt.nz |
| Rob Hooper | NZ Police | P O Box 34, Ashburton | robert.hooper@police.govt.nz |
| Rod Beavan | AD Council & Ashburton Council Social Services | 155 Tancred St, Ashburton 03 308 123 | ashburton@xtra.co.nz |
| Sue Pawsey | CYFS | PO Box 88, Ashburton 03 908 4795 | SuePawsey001@cyf.govt.nz |
| Tim Carter | ADANZ | 215 Gloucester St, Christchurch 03 379 8626 | tim.carter@adanz.org.nz |