

# LOAD

## WEST COAST Minutes Friday 4 August 2006

**Apologies:** Tuari Potiki, Jan Basill, Colleen Mullings, Christine McKellar (CYFS)

**Welcome:** Cate Kearney, ADANZ

**Service Updates**

Bob McAuliffe

CYFS. New role as Community Liaison Social Worker. Public education component to role. Been to Karamea for two days this week. Good contacts. Role is two way: reaching out and education and taking info in from community. In practice this is beginning to have a positive effect. Currently focusing on schools. AOD implicated especially via family violence notifications via police. Also features in neglect cases.

Julie Tomlinson

Public Health Nurse. Covers 11 schools, Hokitika and Greymouth. Contact with many families with AOD issues. Personal experience as adult child-familial addiction.

Diana Hay

New Psychiatric Needs Assessor. Covers Greymouth, Hokitika and Westland. Anyone between 6 – 65 for those with disabilities. Started job in April. Previously social worker hospital and CYFS. Works with CAMHS.

Pauline Schroder

AOD Counsellor Hokitika. Agrees with Julies comments re ACOA. Over past two months – quite busy. Majority of current clients alcohol related. Mixed ages. Interesting trend. DHB has new computer system.

Peter Howarth

Student finishing degree in Alcohol and Drug Studies. Also works on telephones of Alcohol Drug Helpline. Noticing increase in calls re: “P” and violence. Discussion about “P”.

Margaret Adams

Team Leader Alcohol and Drug Service. Peter will be with team for 4 weeks. New staff member starting next Wednesday – Paul. 17 years experience generic AOD. Recently given increased funding for methadone treatment. Will be getting those on mailing list on programme over next 3 months. Trends: majority of referrals for alcohol followed by cannabis and opioids. Some BZP. Very limited “P” referrals. “P” not an issue currently may happen but more opiate and cannabis use on Coast. Two clients at He Waka Tapu. Reports that two people are doing very well – shame that they could not stay for 6 months as only now are they addressing addictive behaviour. Difficulty in following up when they return to Coast. Working with Courts: AOD assessments proving productive.

Jill McBride

Family work not directly funded but can work with family members if individual with problem is in the service. Welcomes queries or happy to give advice / presentations to community.

Carol Gallacher

Recently started at CAMHS. Studying also at Weltech – Youth AOD course.

Marty Owen

Guidance Counsellor at High School.

Roger Berwick

Consumer Rep Part of South Island Consumer Network.

Malcolm White

Coast Care Trust. Introduces Kim McPherson who also works for the Trust. Not actively involved with AOD: Trust works with those with mental health and co existing issues.

Regional Coordinator for WC. Road Safety. Recent report: alcohol related crashes gone up by 11% over past five years (30% of road related crashes are alcohol related. Higher than rest of NZ by 3%). Used to have problems Friday, Saturday, Sunday now Thursday, Friday, summer months rather than winter months. Copy of report on Land Transport website.

Cate Kearney

Circles of Change

Helpline

Directory – online

**Discussion:** Other drug use involved potentially in road incidents but difficult to know or test for.

**Rural trends:** Alcohol; police; North Island case; similar situation might in rural, isolated West Coast.

**LOAD meetings for 2007.**

Venue

Punakaiki once a year. Helps – a treat; people from Buller can come down. Greymouth Activity Centre also cater. \$70 a day – Karora Learning Centre (use hall with heaters).

Mental Health

Church / Trinity Centre large meeting room.

Better representation would be good.

Ann Smith – TAC Team

Anne Tacon – Work Force Development (ann.tacon@wcdhb)

Brian Ge – Liaison Person Primary Health Service.

Maori Mental Health interested and will come along.  
Information sheet.  
Community probation Murray McMurtie / Manager  
Kept NGO presence.  
Citizen's Advice Bureau – Report from local newspapers Grey Star.  
Jane O'Malley Director of Nursing.  
MH Forum.

- Training: Presentations about services or trends
- Stages of change
  - Harm minimisation
  - Drink driving
  - What is alcohol, What is cannabis
  - Education for Parents re: AOD
  - Education re: drug groups
  - Effects, signs and symptoms
  - Even equipment - police

## Information

### Circles of Change

8 – 12 week residential programmes in Christchurch for women with children aged 6 months to 12 years. Programme is a package that consists of supported accommodation AOD day programmes, childcare and parenting support. Can take a woman with 1 – 4 children. Vacancies in programme. Referral via Alcohol and Drug Service (Rata Clinic).

### Websites

Website that has information on all Addiction Treatment Services in New Zealand: [www.addictionshelp.org.nz](http://www.addictionshelp.org.nz) or Addictions Treatment Directory.

New website due in next month – a further service of the alcohol drug helpline. This website will contain drug information and useful links. Over time chat rooms and electronic drug screening tools will be available [www.alcoholdrughelp.org.nz](http://www.alcoholdrughelp.org.nz).

The Alcohol Drug Helpline 0800 787 797 is a good way for individuals, family members and professionals to access resources. Carry ALAC resources as well as many others. The Helpline offers confidential support and also brief intervention services.

Other useful websites: ALAC – [www.alac.org.nz](http://www.alac.org.nz) and adanz – [www.adanz.org.nz](http://www.adanz.org.nz).

*Meeting Closed: 12.05 pm*

*Next Meeting: Friday 27 October 2006  
Tuari Potiki – ALAC  
Police – Sergeant Andrew Lynch approach re: Community Liaison office  
Dr Margaret Adams – Training*

Attendance: 14

Further information and agendas available on [www.adanz.org.nz](http://www.adanz.org.nz)

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at [cate.kearney@adanz.org.nz](mailto:cate.kearney@adanz.org.nz)

**Attendance List**

Bob McAuliff	CYFS	P O Box 228, Greymouth	bob.mcauliffe001@cyf.govt.nz
Carole Gallacher	Greymouth High School	P O Box 192, Greymouth	
Cate Kearney	ADANZ	PO Box 73496, Chch 03 379 8626	cate.kearney@adanz.org.nz
Diana Hay	WCDHB (Psychiatric Needs Assessor)	PO Box 387, Greymouth Hospital	diana.hay@westcoastdhb.org.nz
Dr Margaret Adams	Rata AOD	P O Box 387, Greymouth	margaret.adams@westcoastdhb.org.nz
Jill McBride	CAMHS	P O Box 387, Greymouth	jill.mcbride@westcoast.dhb.org.nz
Julie Tomlinson	WCDHB CPHNS	c/- Hokitika Health Centre	julie.tomlinson@westcoastdhb.org
Kim McPherson	Coast Care Trust	P O Box 275, Hokitika	coastcaretrust2@xtra.co.nz
Malcolm White	Road Safety West Coast	P O Box 20, Greymouth	teachu@xtra.co.nz
Marty Roughan	ADA Rep, Gamblers A member	64 Shakespeare Street, Greymouth	
Pauline Schroder	Rata AOD Service	Private Bag, Hokitika Health Centre	pauline.schroder@westcoastdhb.org.nz
Peter Howorth	Student / Weltec, ChCh	P O Box 51, Tai Tapu, Canterbury	jilly_w38@hotmail.com
Roger Berwick	Coast Care Trust	P O Box 275, Hokitika	coastcaretrust@xtra.co.nz