

LOAD

DUNEDIN

Minutes Thursday 24th May 2007

<u>Apologies:</u>	Graham Fyfe
<u>Karakia:</u>	Ernie Mather
<u>Welcome:</u>	Cate Kearney, ADANZ

Introductions

Thomas Moore	PGF. Good start to year with lots of clients. Social Marketing Campaign not seeing a direct impact. Prison in area wish to offer programme that is early intervention rather than education. Due to start programme at Moana House. Nationally, industry fighting back to regain control – change gambling ad. Very disappointed in DCC policies on pokie machines. Highly unregulated more machines per capita than any other city in NZ. Recent decision.
John Caygill	Manager A&D Service. New addition to team, commences in June. GP Liaison/Methodone. Expecting increased workload with prison, much due to increased travel time. Waiting list worst that John has seen in about 20 years. Several months wait. Interim prescribing programme helps to ease distress while consumers wait for main programme.
Brendon Roche	Richmond home based Detox Service, in business for 8 years. Restructure in Richmond NZ, new board new CEO. There has been difficulty seeing how this service fits with core business. 2 team members have accepted voluntary redundancy. Vacant position advertised this weekend.
David Mellor	Psychologist at CADS. Been there 6-7 years. Only psychologist, quite rare to have a full time psychologist in a CADS unit.
Dave Gibbs	Health Promotion Public Health South. Alcohol working with schools re safe parties; liquor licensing for district. Submission for advert review.
Stuart Gray	Community Grants. International Youth Week – holding 2 alcohol free events. Annual planning. Working in South Otago re youth driving alcohol.
Matt Matahaere	CAYAD Facilitator. Organising events for youth. Working Balclutha with local supports to take youth away.
Sheralyn Tupene	CAYAD Coordinator. Organising events for youth week Dunedin & Balclutha. Working on youth education. Working with Clinton Youth.
Ernie Mather	Road Safety Coordinator for Clutha District. Good to have shared projects with DCC & CAYAD.
Hugo Li	PGC emigrated from China 4 years ago with PCG for 1 yr. Community role; public health approach. Raising awareness etc. Some Asian clients. Working on orientation package for new Chinese workers. Lots of differences between Chinese and NZ culture.
Lillian Brown	Salvation Army Coordinator for Pathways. Programme changed slightly re engagement.
Rachael Moore	Salvation Army Bridge Facilitates groups and case manager. Apologies from John.
Simon Callaghan	Hep C 7,667 people with Hep C in Otago. ODHB treats 7 people per annum. Doing Education session in district and Southland. In Oamaru many unsafe practices, high numbers of people with Hep C, wants to see an increase in access to tx. Due to show rate of treatment, Hep C prevalence is increasing.
Anna Paris	Here on behalf of David Benson Pope's office. Happy to feed issues back to office.
Greg Paris	YSS, 7 years. Work with 14-20 year olds. Day px not quite full – more due to resource staff moving.
Denise Anderson	CADS 7 years. Big issues especially around women – not many tx options available especially women with children and pregnant. Increased screening at CADS to address. No shows.
Wayne Warren	Student Nurse on placement at CADS.
Quilla Kiore	ATUWHI Road Safety Coordinator for Dunedin working with youth with etc and driving. Have had referrals from YSS.
Rebecca Beetham	4 th year social work student.
Karen Chalk	Orienting to services

Presentations

Acceptance & Commitment Therapy, David Mellor, CADS

- New group px set up one year ago.
- Internal referrals, mental health or Bridge
- Group called living with distress
- Six sessions two hours a week.
- Referral screen, 4 questions around distress and hope: access four areas of functioning.

- While generally about distress context is distress within ADD clientele. Group does not mention anything on addiction.
- Difference from stress management, not about controlling symptoms rather about acceptance.
- Functional assessment lead to content of px
- Completed 1st session of 5th cycle. Often loose people during process – tough to complete, 21 started, 10 completed.
- Entry – looking for people who have motivation
- Outcome data, of 10 completers. Group measures show reduction in distress, increase in pleasurable activities.
- Explanation of genesis of main tx paradigm – CBT
- Basis for ACT Relational Frame Therapy
- Avoidance strategies – about 40 alcohol drugs gambling included
- Purpose of ACT to change relationships with thoughts and feelings
- TX principles explained.

Deb Fraser Mirror Counselling, apologies for lateness. Sorry to have missed opportunity for update. 2 level training courses at moment. New staff increase in positions 0.5 FTE intake brief intervention. 0.5 FTE Maori and 1 FTE counselling.

Maxine, CADS

Alcohol Advertising Review

- Steering group opened floor for submission last year.
- Report now out – submissions by 16 June.
- Concern about self regulation, industry directed.
- PH South op this approach, evidence weighted against alcohol advertising.
- Review every 2-3 years without changes.

Meeting closed at 12.10pm

Attendees: 23

Attendance List

Anna Paris	David Benson-Pope, MP	220 King Edward St, Dunedin South	labour@earthlight.co.nz
Brendon Malone	Detox Service	301 Moray Place, Dunedin 03 471 6170	Detox@richmond.org.nz
Cate Kearney	ADANZ	P O Box 13496, Christchurch 03 379 8626	cate.kearney@adanz.org.nz
Dave Gibbs	Public Health South	57 Hanover S7, PO Box 5144, 4741700	Dave.gibbs@phsouth.co.nz
David Mellor	CADS	450 Moray Place, 4771901	David.ellor@healthotago.co.nz
Deb Fraser	Araha Ki Te Tamarki Trust	P O Box 276, Dunedin	mirror.counselling@xtra.co.nz
Denise Anderson	CADS	450 Moray Place Dunedin, 03 4771901	Denisea@healthotago.co.nz
Erni Mather	ATUWH – Road Safety	245 Stuart St, Dunedin, 03 4719960	ernie@araiteuru.co.nz
Greg Paris	Y.S.S	3 rd floor 8 Moray Place, 4745601	gregparis@healthotago.co.nz
Hugo Li	Problem Gambling Foundation	301 Moray Place Dunedin, 03 4716173	Hugo.li@pgfnz.org.nz
John Caygill	CADS	450 Moray Place, Dunedin 03 477 7901	john.caygill@otagodhb.govt.nz
Karyn Chalk	ATUWH	245 Stewart St, 4719960	karyn@araiteuru.co.nz
Lillian Brown	Pathways for Women	44a Filluel St, ? Bridge	Moore.r@hotmail.com
Matt Maharere	Arai te Uru Whare Hauora	CAYAD 245 Stuart St, Dunedin	matt@araiteuru.co.nz
Quilla Kiore	ATUWH	245 Stewart St 4719960	quilla@araiteuru.co.nz
Rachael Moore	S Army Bridge	44A Filleul Street, Dunedin	moore.r@hotmail.com
Rebecca Beetham	ATUWH	245 Stewart St 4719960	checkerz@hotmail.com
Sheralyn Tipene	Ari te Uru Whare Hauora	CAYAD 245 Stuart St, Dunedin	sheralyn@araiteuru.co.nz
Simon Clapton	Hepatitis C Support	17A St Andrew Street, Dunedin 03 471 7148	hepcootago@ihug.co.nz
Stuart Gray	DCC	PO Box 5045, 03 4743540	sgray@dccgovt.nz
Thomas Moore	Problem Gambling Foundation	301 Moray Place, Dunedin, 4716172	Thomas.moore@pgfnz.org.nz
Wayne Warren	CADS (Student)		