

# LOAD

## WEST COAST Minutes Friday 11<sup>th</sup> May 2007

<b><u>Welcome:</u></b>	Char Macpherson, ADANZ
<b><u>Apologies:</u></b>	Margaret Adams, Cate Kearney, Paul Eathorne (lateness), Chris McKenna, Pauline Schroeder, Jo Hall, Malcolm White, Hecta Williams, Jan Basil, Julie Griffiths
<b><u>Service Updates</u></b>	
Char Macpherson	ADANZ. Policy work, edits Connection newsletter, assists with coordination tasks. 16 hours a week with National Gambling Coordination Service. Here in Cate's place (Cates sends apologies)
Gillian Morgan	Student and Family Coordinator for Homebuilders West Coast.
Shirlena Milne	DARE Foundation providing drug education and the Skills for Life Programme to young people.
Jill McBride	Child and Adolescent Mental Health. Community and Mental Health Services
Diana Hay	WC DHB Mental Health Service attending to people 4 – 65 years from the region who have psych needs. Assess and works with families.
Jill Wilson	Strengthening families. NGO to be paid for taking on strengthening families meetings. 30 hours per week. Looking for facilitators – particularly to present to Māori groups in the region.
Pauline Southorn	WCDHB Mental Service – Māori Consumer Rep. Consumer service undergoing a big change. 3 areas to be restructured: Consumer Advisors, Advocacy and Peer support to be provided by an NGO. <ul style="list-style-type: none"><li>- Consumer Advisors .5FTE</li><li>- Consumer groups internally in DHB through Consumer Advisors</li><li>- Reference group, identified group needed for advocacy.</li></ul>
Roger Berwick	Manager, Coast Care Trust. 6 centres across the West Coast. Mike Goulding from Abacus providing training on screening for Problem Gambling at the end of May – unsure of dates but will find out if people want to contact him.
Julie Tomlinson	WCDHB Public Health Nurse. Retiring soon. Will finish her homeopathy qualification and intends to ask clients what alternative therapies they have considered to augment their mainstream therapy.
Paul Eathorne	WCDHB Methadone Programme, 50 plus on the West Coast programme. Identifies areas of concern for people coming off the programme and going back into the community e.g. driving; not yet being stable etc. Community and peer support important. How to deliver a service that is safe? Working within a 'harm reduction' model. Maintenance programme may go on for years if necessary for an individual. <ul style="list-style-type: none"><li>• Support from Kennedy Detox in Christchurch return at the end of programme.</li><li>• Keep up with needs specific to the West Coast.</li><li>• Great team, the service aims to run in the most appropriate way for those accessing it.</li><li>• Issues include stigma for women particularly those with children, makes it difficult for them to access the programme.</li></ul>

### **PRESENTATION**

#### **CIRCLES OF CHANGE** – Patsy Hood and Annette Garrett

Women's and Children's AOD Residential Programme, pilot in 2001.

- Women's needs are different - longer in treatment, often have child care issues and require parenting skills. Stigma associated with addiction and caring for children leads to issues with women accessing treatment.
- 3 Services involved: Vincentian Recovery Centre, Salvation Army Bridge Service and Community Alcohol and Drug Service.
- Support from He Waka Tapu and Familial Trust for Māori and family whānau needs.
- Referrals taken from Coast may take time to process and get full up to date comprehensive assessment.
- Get lots of referrals but important to get referrals in, as places become available for various reasons and times.
- 3 – 4 beds available.
- Programme up to 12 weeks.

#### **Discussion, Questions and Answers**

- Difficulties acknowledged for women attending residential service outside their area particularly with children and then returning without service support in the community.
- Culturally appropriate services and support after treatment important for Māori and all groups.
- Full support plan vital including children's needs.
- Support and counselling referrals for children if required to cope with major life style changes resulting from treatment of parent.
- Education/school for children including communication between home teachers and temp school.
- Cost? No direct cost if not waged, income negotiated with WINZ, if waged may incur a fee – negotiable.

## CHRISTCHURCH RODGER WRIGHT NEEDLE EXCHANGE – Maggie Treweek and Angie Webb

One of seventeen needle exchanges in New Zealand. Christchurch is the busiest – approximately 80 clients per day.

Peer based, non judgemental.

- Retail system
- 1 for 1 free swap: stop reusing / sharing, careless discard
- Dedicated outreach coordinator: promote Rodger Wright Centres and Services / educate / inform reduce stigma
- Workshops for clients: Harm minimisation, safe use, meetings with volunteers to brainstorm, new ideas how to increase harm minimisation.
- Info stands at various venues in the community, libraries etc.
- Street clean up team, 1 – 2 weeks, tongs, gloves, bright vests, where street workers etc work. Clean up condoms, needles etc.
- New Māori outreach coordinator in Christchurch.
- Drop in to outreach office hours for clients and family friends
- Resources to the community to inform e.g. poppy bake from the seed

### History of Coast Service

Campbell Aitken from Australia assessed service. Is it effective, efficient?

Recommendation to provide service to the West Coast. Was a dedicated service; 10 months but not accessed - been tried not successful, so suggested Identified key contacts to be supplied with exchange kits

- Going for 3 years. Rolled over 3 years
- Hear of service by word of mouth
- Clients ring August → arrange meeting
- 1 – 1 service Harm reduction kits
- Important to make face to face contact to offer education
- Offer workshops –to raise questions & concerns & input into design of kits

New contact 2 hour intro session plus training manual

- Code of conduct
- Rights & Responsibilities

Help to upskill. Safe storage of equipment etc.

### COMMENTS

Public Health Nurses id farms where there are needles and syringes for animals, what do they do with their disposal?

Discussion re safety and various disposal methods identified.

Good feedback support appreciated and acknowledged.

Q: What kind of risk does the key contact person take?

A: Police appreciate the programme and the increased safety for homes. Police offer input  
The key contacts offer good input, the relationship is reciprocal.

Q: Are there services in other areas?

A: A number of regions are looking at it.

Seem to be mainly methadone programme clients. Does this challenge them on the programme?

Don't do the RW programme until you have stabilised.

Attendance: 17; Meeting Closed: 12.15 pm; Next Meeting: 3<sup>rd</sup> August 2007. Further information and agendas available on [www.adanz.org.nz](http://www.adanz.org.nz). Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at [cate.kearney@adanz.org.nz](mailto:cate.kearney@adanz.org.nz)

### Attendance List

Carole Rodden	Greymouth High School	P O Box 192, Greymouth	
Angie Webb	Rodger Wright Centre	P O Box 22478, ChCh, 03 365 2293	outreach@rwc.org.nz
Annette Garrett	Salvation Army Bridge	P O Box 9070, Addington, ChCh 03 338 4436	Annette_garrett@nzf.salvationarmy.org.nz
Bob McAuliffe	Child, Youth & Family	P O Box 282, Greymouth, 03 768 2116	bob.mcauliffe@cyf.govt.nz
Char Macpherson	ADANZ	P O Box 13-496, ChCh, 03 379 8626	char.macpherson@adanz.org.nz
Diana Hay	WCDHB (Psychiatric Needs Assessor)	PO Box 387, Greymouth Hospital	diana.hay@westcoastdhub.org.nz
Gillian Morgan	Homebuilders WC Trust	24 Guinness St, Greymouth 03 768 6665	greyoffice@homebuildersspt.co.nz
Jill McBride	CAMHS	P O Box 192, Greymouth, 03 768 2670	jill.mcbride@westcoastdhub.org.nz
Jill Wilson	Strengthening Families	18 Tasman Street, Greymouth, 03 768 9833	jilly_w38@hotmail.com
Julie Tomlinson	WCDHB (PHN)	Private Bag 4733, CHCh	julie.tomlinson@westcoastdhub.org.nz
Maggie Treweek	Rodger Wright Centre	P O Box 22478, ChCh, 03 365 2293	Maggie@rwc.org.nz
Miriam Wylie	Consumer		
Patsy Hood	CADS, ChCh	03 335 4350	patricia.hood@cdhb.govt.nz
Paul Eathorne	WCDHB	P O Box 387, Greymouth	paul.eathorne@westcoast.org.nz
Pauline Southorn	West Coast DHB, MHS	P O Box 387, Greymouth	pauline.southorn@westcoastdhub.org.nz
Roger Berwick	Coast Care Trust	14 Sewell St, Hokitika	coastcaretrust@xtra.co.nz
Shirlena Milne	DARE West Coast	Box 368, Greymouth	darewestcoast@xtra.co.nz