

DUNEDIN **LOAD**

Minutes Thursday 18 May 2006

Apologies: David Benson-Pope, Stuart Gray, Mike Hammond, Claire Aitken

Karakia: Roere Komene

Welcome: Cate Kearney, ADANZ

Updates

Richard Tankersley ADANZ Regional Project Worker. Presenting later.
Margaret Taylor Police Alcohol Intelligence Unit. Alcohol data only collected since last year. Margaret in role since this year. Works from Oamaru, south and to Te Anau.

Michael Laufiso Dunedin City Council. Work with agencies working with youth. Here to keep Council informed as to what is happening with alcohol. Couple of projects underway working with youth and AOD issues. Panui for forum: run by CYFS re parents with mental health issues. Forum due in two weeks. 2nd meeting, good to be here.

Renee Corbett 3rd year nursing student, placement at Moana House; likes the work and would be interested in working in the field.

Neil Price Addictions counsellor Salvation Army Bridge, key role co-ordinating aftercare; solution focused. Relapse prevention, fellowship meetings and spiritual retreats. Good core of recovery people who access the service. Flexible packages of care that sit alongside the other programmes offered.

Helen Higgins Pathways to Change, Bridge. Runs womens' programme: will run 3 times this year. Other role with family pathways outreach. Start in Balclutha on Monday. Hope to go Alexandra by end of the year. Working closely with other agencies.

Sheralyn Tupene CAYAD Co-ordinator. Team here also. Share updates amongst team members.
Roera Komene Health promoter with Community and Public Health. Alcohol and sexual education.
Deb Fraser Mirror Counselling and Youth Day programme. Numbers slow to build up for the year. 6 – 7 on programme with another 2 – 3 due on soon. Have had some youth from Southland this year utilising supported accommodation. Some challenges on day programme. Waiting list review has reduced wait time to 6 – 8 weeks; less of a wait for AOD counsellors. Self esteem group for youth. Off to Stewart Island with the day programme at the end of June. Find the trips away are often when the greatest change occurs due to being with youth 24/7.

Diane Noone Co-ordinator Richmond Detox Services. Change in client profile. Women with alcohol problems 20 – 40's.
Matt Matahaere CAYAD facilitator. Been really busy with Youth Expo. Process of doing Youth Council with high schools. Off to Sydney international Youth and Drugs conference – presentation. Main thing is for CAYAD is asking youth what they want. Balclutha trip planned.

Serenity Huch CAYAD facilitator. As part of Youth Expo ran some surveys re: gaps – BZP Hui for Youth workers.
Liz McCafferty Youth Wellness 12 – 18. In assessment team. Have looked at update assessment tool particularly around AOD screen.

Vicki McDermott Practice Manager Youth Wellness. Special welcome to Selina and Matua George. 150 on books. Has put a lot of effort into working collaboratively in a meaningful way with good results.

Selina Elkington Clinical Case Manager. He Waka Tapu. Happy to be here to present the new South Island wide Kaupapa Maori Programme.

John Caygill CADS. Adult case management and Methadone Treatment. Busy but waiting times less than have been. Working fine for methadone settled at 3 / 12. Interim Prescribing Programme is working well – palliative to relieve people's distress while waiting for MMT. Waiting times for methadone worse in rural areas – sometimes people wait for a year to get on MMT. Recent training day organised by Child Protection Service for mothers on methadone went well. Worth noting ODHB is undergoing internal restructuring – funding driven.

Anna 3rd year nursing student CADS. Interested in AOD. Here to learn about other services.
Lyndsay Dunlop CADS. Maori Mental Health Team sits at CADS. Couple of events for Maori. June - Maori New Year - different events due within CADS. Maori and Pacific Island conference – September, Healthy lifestyles. Collaboration Te Hauora Waka 26 – 29 October – healthy lifestyle linking with whanau and iwi – positive connections with iwi sports and activities including kapahaka.

Scott Blair Adventure Development Counselling. Busy start to the year. Staff changes. Programmes stabilised in Timaru. Taken on new staff in Christchurch. Moved Dunedin office – now 26 High Street, will have an open day. Southland: taken on another full timer in Southland. Client numbers steady. In Southland ADC brokers youth services for Southland, including Queenstown. Concerned about rural issues.

Greg Paris YSS part of ODHB. AOD worker. Big increase in referrals.
Karen Eliot PHS alcohol and drugs. Part time position. This year is particular in that often work on behalf of Medical Office, e.g. Liquor licensing, means that most of work over the next 3/12 LL. Good work and presents opportunity for health promotion. Dunedin Alcohol Partnership moving more into big picture work putting alcohol back into big picture for city safety. PHS working on BZP issues with CAYAD. Recent research on mental health wellness for young people. To be trialled – may go into schools next year.

Toni Pelasio Senior Constable, Iwi Liaison Officer. Role to provide liaison between Maori and police: 1. Liaison with whanau in relation to a death. 2. Co-ordination. 3. Working with Maori who may struggle against police involvement.

Thomas Moore PGF. Client numbers steady. Dropped slightly this year Introduced new colleague.

Presentations

Otago District Project – SI AOD Review – Richard Tankersley, ADANZ

- Working party.
- Agreement to work collaboratively on aftercare.
- 3 Phases to project; brainstorming; stock take of current services, Working meetings; Outcomes – ready reference on Dunedin AOD services, Bridge offer inter-agency pre-care: Richmond Detox and Bridge – groups for SO. CADS group Bridge RP group open to other agencies; inter-agency group work, Youth AOD aftercare group.
- Acknowledgement of efficacy of Dunedin service providers.

CADS

John Caygill

- Acknowledgement of Richards process re above project.
- 2 CADS clinicians worked on a group to support clients moving beyond Methadone. Suggestion that group may evolve to “living with distress”. Trial Groups – Acceptance and commitment therapy. Presented at Cutting Edge. Another session due at the end of the month.

Directory – Dunedin – wide. Hope that it will be useful. Adds in the new things that are occurring in Dunedin area. Overview of other directories that link to work.

He Waka Tapu – George Ehau and Selina Elkington

- Matua George introduced He Waka Tapu and the cultural meanings inherent in the organisation and development of Kaupapa Maori Programme. Evolution of the service also described.
- Hemi introduced himself and acknowledged Graeme Lorr and the Nelson / Marlborough services.

Health and Social Services Agency – range of services described:

Kaumatua

Kaupapa Maori Service evolved after the closure of Taha Maori Programme, Hanmer

Team employed in October. Developed philosophy and programme embedded within a cultural framework.

Inclusive and collaborative approach with other services.

Programme Components Described:

Phase 1

Week 1. Building Motivation

2. Life journeys
3. AOD patterns
4. Change Plans
5. Relationships Whanau/support system
6. Skill development
7. Relapse prevention
8. Maintaining change

Phase 2

9. – 12 4 week transitional phase. Cultural component described.

- Cultural component described.
- Supported accommodation available from the end of May.

Phase 3

Evaluation and Review

Karakia

George Ehau

Meeting closed 12.

Attendance: 26

Meetings 2006

17 August; 16 November.

Further information and agendas available on www.adanz.org.nz.

Suggestions for agenda to Cate

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at cate.kearney@adanz.org.nz.

Attendance List

Cate Kearney	ADA NZ	P O Box 13496, Christchurch	cate.kearney@adanz.org.nz
Liz McCafferty	Otago Youth Wellness	PO Box 669 Dunedin	lizm@oywt.org.nz
Vicki McDermott	Otago Youth Wellness	PO Box 669 Dunedin	vickim@oywt.org.nz
Richard Tankersley	ADANZ	P O Box 13496, Christchurch	Richard.tankersley@adanz.org.nz
Michael Laufiso	Dunedin City Council – Community Development	3 rd P O Box 5045 , The Octagon, Dunedin	mlaufiso@dcc.govt.nz
Renee Corbett	Moana House (nursing student)	401 High Street, Dunedin	
Neil Price	Bridge Programme	44 Fillieut Street, Dunedin	dunedinsalary@xtra.co.nz
Helen Giggins	PTC Bridge	44 Fillieut Street, Dunedin	ptc.dunedinsalary@xtra.co.nz
Scott Blair	Adventure Development Counselling	P O Box 189, Dunedin	scott@adventuredevelopment.co.nz
Dianne Noone	A & D Detox Service	P O Box 5846, Dunedin	dnoonedetox@richmond.co.nz
Sheralyn Tipene	CAYAD Arai Te Uru Whare	P O Box 5626, Dunedin	sheralyn@araiteuru.co.nz
Roera Komene	Te Waka Hauroa	57 Hanover Street, Dunedin	roera.k@phsouth.co.nz
Greg Paris	Youth Speciality Service	3 rd Floor, Savoy Building, 8 Moray Pl	greg.paris@healthcareotago.co.nz
Matt Matahaere	CAYAD	245 Stuart Street, Dunedin	matt@araituru.co.nz
Deb Fraser	Mirror Counselling / Youth Dpt	P O Box 276, Dunedin	mirror.counselling@xtra.co.nz
John Caygill	CADS	450 Moray Place, Dunedin	john.caygill@otagodhb.govt.nz
Serenity Huch	CAYAD Facilitator	245 Stuart Street, Dunedin	serenity@araiteuru.co.nz
Selina Elkington	He Waka Tapu	161 Pages Road, P O Box 15037, Christchurch	Selina@hewakatapu.org.nz
George Ehau	He Waka Tapu	161 Pages Road, P O Box 15037, Christchurch	wgwehau@xtra.co.nz
Lindsay Dunlop	TOTT – CARS	450 Moray Place, Dunedin	Lindsay.dunlop@healthotago.co.nz
Karen Elliot	Public Health South	P O Box 5144, Moray Place, Dunedin (57 Hanover Street)	karen.elliott@phsouth.co.nz
Toni Pelasio	Police Iwi Liaison	25 Great King Street, Dunedin	Toni.Pelasio@police.govt.nz
Hugo Li	Problem Gambling Foundation Dunedin, Asian Service	1 st Floor, Community House, 283 Moray Place, Dunedin	Hugo.Li@pgfnz.co.nz