

# LOAD

## TIMARU

### Minutes Wednesday 10<sup>th</sup> May 2006

**Apologies:** Steve Boyd (SCDHB); Rosemary Carter (Girls High), Leola Ryder (Community and Public Health).

**Karakia:** Bruce Wikitōa.

**Welcome:** Cate Kearney, ADANZ

#### **Introductions & Updates**

Anne Sheeley A & D service. 85 referrals since February – increase from last year. 6 new methadone clients established since February. Shared service provision framework for methadone clients. Accreditation at hospital next week. Those presenting to service are at severe end of the spectrum.

Rosalie Nursing student from Otago.

Natalie Nursing student from Christchurch.

Wairangi Warren AOD service, Timaru. Flat out.

Bruce Wikitōa Cultural advisor for Timaru Hospital. Here to support the group and learn.

Tony Kerr Victoria House. Things progressing well. Support House for those with mental health issues. First time at this meeting.

Amanda Baines Acting manager while manager on sick leave.

Terry Cunningham Consumer rep for Victoria House. 13 went away to Hanmer last week. Great time. For some this break is the only holiday people will get.

Al Walker South Canterbury Violence Services. Work with mens group and also child and youth. 4 adult groups a year: first completed – large group 16. 22 enrolled in next group. Had an increase in referrals from Corrections. 50% of referrals are self, which is unusual. Influx of referrals to Highway (youth programme). Waiting list. Successfully recruited 2 new facilitators. Looking to do some project work in Twizel. Involved also with Family Violence Forum: WINZ rolling out a national family violence programme – role will be to recognise and refer. Co-ordinator appointed. Te Rito Family Violence Funding for Pilot Project for Whanau / family work: 3 months. Youth violence : consultation with several agencies: PSS, police. Focus will be on parenting increase in capacity at PSS. Project will be lead by Jacqui.

Ian Thomas Timaru Needle Exchange. Found it great that AOD service staff visited. Hepatitis C workshop, 12.00, 12<sup>th</sup> May at Caroline House. Recently employed 2 more peers. Noticing that group that was injecting street speed no longer attending service. A & D service identifying “P” as primary drug – catching on the rest of the country).

Diane Welsh Caroline House. Significant change in service delivery. Moved to harm reduction for outreach work. House remains abstinence. Change in policy signed, but implications for other policies. Other working ticking over. Maintaining strengths programme since February. 10 hour course for 2 people. All referrals via A & D services. Offer Detox and respite also.

Geoff Lumb Problem Gambling Foundation. Has been coming to Timaru for the past 6 years. The number of clients seems to have decreased. Will renew contacts with Timaru, large factories and businesses. Has had referrals in the past but nothing of late. Is also wanting to set up a fortnightly group. Believes there are no GA meetings currently. Have had CEO from Auckland last week. PGF takes public health perspective rather than addictive processes. Based on our high numbers of pokie machines. Plan to make short video with those affected by gambling.

Kate Balfour Public Health Nurse. May have a new position via SC DHB to work with youth at risk via justice system.

Haley Robinson 3<sup>rd</sup> year nursing student on placement with Kate’s service.

Merv Layt Child Youth and Family Service. Quiet week – first since January. Biggest news is move back into MSD – should not affect work on front line. Service centralised in Christchurch e.g. administration. Will also access resource assistant which will mean social workers freed up to do more social work. Gap in caregivers for teenagers that need placements.

#### **Presentations**

##### **Problem Gambling in New Zealand & Treatment Approaches – Geoff Lumb PGF**

- 2005 stats: gambling turnover \$14.4 billion.  
New Zealanders lost \$1.07 billion on pokies.  
New Zealanders are the 2<sup>nd</sup> highest on gambling expenditure.  
Number of pokie machines in NZ – 21,000.

First time in 15 years the number of machines dropped (by 1000).

- Machines often sited in vulnerable communities.
- 1 gambler affects 10+ people. 50% of new clients (from 30 – 40 years of age) in 1985 10% of gamblers were women.
- 1/3 of gamblers will have alcohol abuse: some will drive and gamble but may put money into machine rather than use money to purchase alcohol.
- Important to identify other problems: AOD (as above); depression; suicidal.
- Information on problem Gambling Foundation.
- 8-ball screening tool is helpful for identifying a gambling problem.

Next Meeting: 9<sup>th</sup> August 2006

**Karakia:** Bruce Wikitōa.

*Meeting closed at 12.20 p.m.*

*Attendance: 17*

Further information and agendas available on [www.adanz.org.nz](http://www.adanz.org.nz).

Please note: These minutes are a summary of opinions expressed by meeting attendees. If anyone would like further information please contact Cate Kearney at [cate.kearney@adanz.org.nz](mailto:cate.kearney@adanz.org.nz)

#### **Attendance List**

| <b>Name</b>       | <b>Organisation Name</b>               | <b>Address/Phone No</b>         | <b>Email</b>   |
|-------------------|--|---------------------------------|--|
| Wairangi Warren   | Maori Unit – Kensington                | Princess St, Timaru             | <a href="mailto:bwarren@slingshot.co.nz">bwarren@slingshot.co.nz</a>                         |
| Natalie Hudson    | CPIT Nursing Student                   |                                 | <a href="mailto:alcohol.drug@timhosp.co.nz">alcohol.drug@timhosp.co.nz</a>                   |
| Jan Thomas        | NEXT Needle Exchange Timaru            | PO Box 944, Timaru              | <a href="mailto:nextimaru@xtra.co.nz">nextimaru@xtra.co.nz</a>                               |
| Rosemary Chappell | Otago Nursing Student                  |                                 | <a href="mailto:alcohol.drug@timhosp.co.nz">alcohol.drug@timhosp.co.nz</a>                   |
| Ann Sheely        | Timaru Alcohol & Other Drug            | PO Box 911, Timaru              |  |
| Bruce Wikitōa     | Kaumātua, Cultural Advisor             | SCHDB, Private Bag 911, Timaru  |  |
| Amanda Boons      | Timaru Mental Health Support Trust     | P O Box 612, Timaru             | <a href="mailto:tmhst@xtra.co.nz">tmhst@xtra.co.nz</a>                                       |
| Terry Cummings    | Victoria House                         | 27 Rose St, Parkside, Timaru    |  |
| Al Walker         | South Canterbury Violence Intervention | P O Box 785, Timaru             | <a href="mailto:scvip@xtra.co.nz">scvip@xtra.co.nz</a>                                       |
| Geoff Lumb        | Problem Gambling                       | 329 Durham Street, Christchurch | <a href="mailto:geoff.lumb@pgfnz.co.nz">geoff.lumb@pgfnz.co.nz</a>                           |
| Kate Balfour      | PHN Timaru Hospital                    | SCDHB                           | <a href="mailto:pubhealth@timhospital.co.nz">pubhealth@timhospital.co.nz</a>                 |
| Merv Layt         | CYFS                                   | Private Bag 901, Timaru         | <a href="mailto:merryn.layt001@cyf.govt.nz">merryn.layt001@cyf.govt.nz</a>                   |
| Diane Welsh       | Caroline House                         | PO Box 679, Timaru              | <a href="mailto:caroline.house@xtra.co.nz">caroline.house@xtra.co.nz</a>                     |
| Kylie Robinson    | Public Health Nursing Student          |                                 | <a href="mailto:caroline.house@xtra.co.nz">caroline.house@xtra.co.nz</a>                     |
| Al Walker         | South Cant. Violence Intervention      | PO Box 785, Timaru              | <a href="mailto:scvip@xtra.co.nz">scvip@xtra.co.nz</a>                                       |
| Cate Kearney      | ADANZ                                  | P O Box 13-496, Christchurch    | <a href="mailto:cate.kearney@adanz.org.nz">cate.kearney@adanz.org.nz</a>                     |
| Tony Bunt         | Timaru Boys High                       | Private Bag, Timaru 688 858     | <a href="mailto:tony.bunting@hbhs.schoolzone.net.nz">tony.bunting@hbhs.schoolzone.net.nz</a> |